



Fjordkysten
& Sunnfjord

TRAVEL GUIDE

SOLUND · HYLLESTAD · ASKVOLL · FJALER · KINN · SUNNFJORD

2025-2026



WELCOME

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EXPERIENCE THE FJORD COAST AND SUNNFJORD

Just north of Bergen you can discover a unique coastline in combination with a beautiful fjord kingdom. Visit the charming island communities, the powerful waterfalls, and explore the untouched nature and the many historical attractions and cultural monuments. In this travel guide you will find useful information and inspiration to plan your stay along the Fjord Coast and Sunnfjord.

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CHAPTER 1. WELCOME



Photo: Visit FjordKysten and Sunnfjord.

FJORD COAST AND SUNNFJORD – GO YOUR OWN WAY

Here, everyone can find their way. Fjord Coast and Sunnfjord invite you to a wide range of impressive nature-based and cultural experiences. There's so much space here for anyone wanting to explore a wild and undiscovered part of Norway!

You're not only invited here to explore, but to remind yourself that you're alive. Find space to breathe. Close to culture and nature. Close to life.

Waves crashing into the island kingdom to the west – at the edge of the open ocean. Steep mountains with gleaming glaciers. Deep, blue fjords and wild waterfalls. Calm and mystical waters where the trout play. Historical attractions and a diversity of cultural life. A landscape with all the ingredients you need to create real magic!

Our roads lead you directly here, to a place that not many people know about – yet!

We promise you an unforgettable and exceptional travel experience in the Fjord Coast and Sunnfjord, as long as you can promise us a couple of small things in return:



EXCURSIONS



Photo: Lillian Herland.

Are you looking for speedy activities? Or are you travelling with your family, and need a break from everyday life? The Fjord Coast and Sunnfjord will give you something for every taste. We guarantee spectacular nature with good space, a rich culture and history, and good experiences!

The landscape has been shaped through thousands of years, and today the variations in nature allow for a large range of activities – both at sea, under the water surface, and in the mountains. Bring a kayak, bike, hiking boots, and a fishing rod! The Fjord Coast and Sunnfjord are perfect if you're looking for adventure!

Culture- and nature experiences can be even better when you explore it together with others. Throughout the year you can explore small and bigger festivals along the Fjord Coast and Sunnfjord. The festivals offer tasteful dishes like herring, historical plays, international folk music, and sea rafting. We can also offer a string of fascinating historical sites and museums.



Photo: Vegard Vilke Engum.

ISLAND HOPPING



Board the local postal boat on Island hopping in Solund, Bulandet and Værlandet. Lonely Planet has named the round trip among thousands of islands, islets and skerries one of the best in Norway!

Travel the postal boat route among the multitude of Solund's islands and narrow straits. Visit idyllic Gåsvær and take a stroll in Bulandet, where you can visit local museums, viewpoints and outdoor artworks. Experience "Nordsjøporten", a road with six spectacular sea bridges between Bulandet and Værlandet.

Solund's local postal boat connects the island kingdoms of Solund and Askvoll during the summer. The postal boat travels between Hardbakke in Solund and Bulandet in Askvoll. A crew member will guide you during the trip, pointing out many hidden treasures. When you reach Bulandet, you'll have time to look around on your own. If you'd like more time to enjoy the scenery and explore the islands, we recommend spreading the island-

hopping trip over several days. There are places to stay in Solund, Værlandet and Bulandet; you can find an overview at en.fjordkysten.no

Island-hopping trips for groups are available all year round on request. "Island hopping lite" from Hardbakke to Gåsvær and back to Hardbakke is also available all year. Contact mail@fjordkysten.no for more information and bookings.

INFORMATION ABOUT THE TRIP

The tour connects with the Bergen – Nordfjord and Bergen – Sogn express boat route, via Krakhella.

There are limited spaces on the mail boat, so it's best to book your tickets in advance – go to: en.fjordkysten.no/islandhopping

You'll have a guide for the journey by postal boat, but the rest of the round trip will be without a guide. There are places to buy food along the way. Note that the round-trip ticket on the express boat from Bergen is valid for a day trip. If you're starting from somewhere else or wish to stay somewhere overnight, you'll need to buy single tickets for the individual sections of the trip.



SCHEDULE ISLAND HOPPING	
08.00	Express boat from Bergen
10.15	Arrive in Krakhella
10.20	Bus to Hardbakke
11.00	Depart by postal boat from Hardbakke
12.30	Arrive in Gåsvær
13.00	Depart from Gåsvær
13.45	Arrive at Nikøy quay in Bulandet
15.50	Depart by bus to Værlandet
16.30	Depart by ferry from Værlandet to Askvoll
17.40	Depart by express boat to Bergen
20.45	Arrive in Bergen

CHAPTER 2. EXCURSIONS

ISLAND HOPPING BY BIKE

- VÆRLANDET/BULANDET AND SOLUND

SCHEDULE	FROM BERGEN	FROM MÅLØY
Depart with Norled	08.00	07.20
Arrive in Askvoll	10.50	09.15
Depart by ferry to Værlandet	11.45	09.15
Arrive in Værlandet	12.40	10.35

CYCLE 11 KM FROM VÆRLANDET TO BULANDET (approximately 2 hours)

Depart from Balandet with MS "Stjernsund"	15.30
Arrive in Gåsvær	16.00
Depart from Gåsvær	16.30
Arrive in Hardbakke	17.15

	RETURN TRIP TO BERGEN		RETURN TRIP TO MÅLØY	
	Direct	Overnight stop*	Direct	Overnight stop*
Bus from Hardbakke	17.20	09.00	17.20	09.00
Arrive in Krakhella	18.05	09.45	18.05	09.45
Depart by express boat	18.10	09.50	18.25	10.15
Arrival	20.45	11.50	19.05 / 21.10	10.50 / 12.40

*Itinerary for those who like to stay overnight in Hardbakke, Solund.

BIKE HIRE

Værlandet

Værlandet Handel – tel. +47 57 73 01 20

Balandet

Joker Balandet – tel. +47 57 73 21 44

Solund

Tourist information at the thrift store – tel. +47 908 82 860

Note: MS «Stjernsund» can carry a maximum of 19 bikes.



Photo: Visit FjordKysten and Sunnfjord.

SUGGESTED ITINERARY BULANDET

The postal boat from Solund docks at Nikøy quay in Balandet, where you'll have time to look around independently. We recommend starting with lunch at the café before hiring a bike or exploring the islands on foot.

Follow the village road up from the shop and to the right. After approx. 500 m, you cross a small bridge. Continue following the road until you come to a well-signed crossroads. If you take the road to the left, you'll come to Balandet "Ungdomshus", where you'll find 'Balandet Temapark', a local museum that provides a good introduction to life in the island community. For great views over all of Balandet, continue past 'Balandet Temapark' and follow the path up to the Halsøyhågen viewpoint. As well as stunning views, there are picnic tables, benches and a map of the islands.

At Hillersøyhaugen, you'll find busts of Berte Hillersøy and Hansine Tistel, who, together with schoolmaster Ole Rogne, rescued seven of the crew of the Tønsberg schooner Gugner in February 1885. It went

down by Sengskjeret, south of Balandet, after battling in a storm for several days. In recognition of their exploits, Berte (25) and Hansine (21) were each awarded the Norwegian Lifesaving Medal, Second Class, for Heroic Deeds. The busts were made by ceramic artist Ingun Dahlin and stand on plinths of 'Black Beauty' stone from Værlandet.

SUGGESTED ITINERARY VÆRLANDET

Værlandet Handel at the ferry quay in Værlandet offers bike hire and serves as a Visitor Point with suggested hikes and maps. From the ferry quay, it's approximately 1.8 km to idyllic Værøyhamna and its beautiful wharfside boathouses. Værlandet Havhotell is also nearby. The North Sea Trail on Værlandet is an excellent hike on a clearly waymarked trail and takes approx. 1 hour 30 mins. The Klettane hills are Værlandet's most characteristic feature. A chain has been installed along the path leading to the top of Høgkletten to ensure a safe walk up to this special viewpoint at 163 m. The path turns off the North Sea Trail and is clearly marked.

THE SAGA ISLAND OF KINN



Photo: Visit Fjordkysten and Sunnfjord

Visit the saga Island of Kinn and let yourself be captivated by the island, its history and the beautiful scenery. Great walking and easy access from Florø make Kinn a popular year-round excursion.

The local ferry runs between the islands and skerries from Florø to Kinn every day throughout the year. A windy walk around the island is an energizing experience. You can walk up the majestic mountain Kinnaklova and get close to the local fauna. Perhaps you'll see the eagles that live out here?

When you disembark on Kinn, follow the road to the right to Kinn Church (approximately 30 minutes), one of the oldest stone churches in Norway. The church is open during the summer, and you are welcome to step inside the medieval church to experience the special atmosphere before, during and after the services.

From Kinn Church, you can walk towards the towering mountain cleft in two: Kinnaklova. And if you dare, you can climb it to enjoy the view. Use the same waymarked path up and down Kinnaklova, following it through the ravine. This path

will take you back to the quay where the local ferry moors. The walk around the island is 4 km and takes about 2 hours. If you want to extend your visit, it's possible to stay the night at Kinn's old schoolhouse, now operated by the Norwegian Trekking Association (DNT).

GUIDED TOURS

For information and prices for guided tours of Kinn, e-mail mail@fjordkysten.no or call +47 57 74 30 00.

READ MORE ABOUT THE ISLAND KINN:



UTVÆR



Photo: Lillian Herland

Utvær is Norway's westernmost island group with the country's westernmost lighthouse. The light from this monumental lighthouse dating from 1900 can be seen 35 km out in the North Sea. In the summer, you can join a lighthouse safari from Hardbakke to Utvær.

Utvær is famous in history right back to the Viking Age. In 1066 Harald Hardráde sailed out from Solund when he left to conquer England. 200 vessels plus supply boats and other small craft were gathered, and the saga says that some of the vessels departed from Utvær. The battle ended with defeat at Stamford Bridge. On the east side of the bay near the Likberget Mountain, you can see some marks on the mountainside.

Utvær boasts both historical significance and captivating natural surroundings. Utvær is an old fishing community. No one lives there on a permanent basis anymore, but a lot of tourists come to visit during the summer. Join in for a walk on the island where you can stroll in Paradise – a beautiful garden at Utvær. Visit the ruins of a chapel that was moved in 1718 and see the marks in the mountainside by Vikings sharpening their swords.

THE EXCURSION

The tour departs from Hardbakke in Solund. Depending on the weather, the tour will head north or south of Ytre Sula and through the island kingdom of Solund. There are no stops on the trip to Utvær. On Utvær, you'll follow the North Sea Trail around the island with a guide. Along the way, you'll see remains of the chapel that was moved in 1718 and marks where stones were used to sharpen swords. There will be a chance to go up the lighthouse for those who wish to do so. The terrain on Utvær is slightly rugged and can get wet, so bring good shoes. It's also often a little colder on Utvær than on the mainland, so it's a good idea to bring a hat and a warm jacket.



HIKE TO ALDEN - THE NORWEGIAN HORSE



Photo: Visit Fjordkysten and Sunnfjord.

A hike to the summit of Alden in Askvoll offers breathtaking panoramic views in every direction.

Standing 481 meters tall and visible more than 100 km out at sea, Alden is one of the most distinctive navigation landmarks on Norway's west coast. This hike is a great adventure for families with experienced young hikers.



Photo: Visit FjordKysten and Sunnfjord.

HOW TO GET TO ALDEN

To reach Alden, take the ferry from Askvoll or Fure in Fjaler to Værlandet. From Værlandet, a private boat transfer is required to reach Alden. Scan the QR code for boat transport details.



HIKE TO LIHESTEN



Photo: Visit Fjordkysten and Sunnmøre.

This majestic, mystical, and challenging mountain is a beloved symbol of Hyllestad and a popular hiking destination. Lihesten offers numerous trails and endless opportunities to explore its unique mountain massif.



Photo: Visit FjordKysten and Sunnfjord.

RECOMMENDED ROUTE

Start your hike at Lekva, following the forest road for about 1.3 km up Lia. From there, a marked trail (red waymarks) leads you to 3L-stølane. Climb the impressive Sherpa-built steps up to the Lihesten plateau, where you can choose to continue towards either Risnesnipa or Gyrekjeften—both routes are clearly marked with red waymarks.

Toilet facilities are available at 3L-stølane. Scan the QR code below for more information:



HIKE TO STOREHESTEN



Photo: Hildegunn Otterstad.

Rising 1,209 metres above sea level, Storehesten (originally Kvamshesten) is the most majestic mountain in Sunnfjord. This is a hike you won't regret — the views are simply breathtaking!

The name Storehesten comes from local Sunnfjord dialect, as it is the largest of several mountains with "hest" (horse) names in the region. Located between Førdefjorden and Dalsfjorden, Storehesten, together with Lisjehesten to the east and Blegja to the west, forms a 360-million-year-old Devonian formation of conglomerate and sandstone. From the summit, you can take in panoramic views stretching all the way to the open sea in the west, Ålfotbreen glacier in the north, Jostedalsbreen glacier in the east, and the mountains surrounding Bergen in the south.

Along the route, you'll find plenty of reasons to pause—whether it's for the stunning views, an idyllic mountain lake, or a crystal-clear mountain stream. On your way up, you'll also pass the Skaraly day-trip cabin, a perfect spot for a short break.



THE SCENIC ROUTE GAULARFJELLET



Photo: Visit Fjordkysten and Sunnfjord.

The National Scenic Route Gularfjellet offers a peaceful journey through protected waterways, cascading waterfalls, and a serene fjord arm. Majestic mountain peaks, shimmering lakes, and rushing streams create a breathtaking panorama of natural beauty.

The road follows an arm of the world's longest fjord, Sognefjorden, before winding its way up the steep valley slopes towards the mountains. From there, it continues along the protected Gular watercourse, renowned for its spectacular waterfalls, lively rapids, and tranquil mountain lakes.

FOSSESTIEN – AN UNFORGETTABLE NATURE EXPERIENCE

One of the hidden gems along the route is Fossestien, a trail that brings you up close to the waterfalls tumbling down the mountainsides. Feel the raw power of the water, and let the sounds of rushing falls and nature's melodies guide your way. Capture stunning photos that encapsulate the wild and beautiful essence of Norway.

SUMMIT HIKES FOR EVERYONE

For those seeking adventure, the surrounding mountains offer unforgettable summit hikes. No matter your skill level, there are trails leading to breathtaking viewpoints, where you can experience the feeling of standing on top of the world.

Each ascent rewards you with panoramic views that deepen your appreciation of nature's grandeur.

UNIQUE PLACES TO STAY

After a day of exploration, comfortable accommodations await, offering a chance to relax and recharge for your next adventure. Let the stars shine above you as you plan the experiences that lie ahead.



THE FJORD COAST REGIONAL- AND GEOPARK



Photo: Visit Fjordkysten and sunnfjord.

The Fjord Coast Regional- and Geopark is Norway's first and only combined regional and geopark. It comprises the municipalities of Solund, Hyllestad, Fjaler, Askvoll and parts of Sunnfjord, and covers an area of about 4500 square kilometres.

The Fjord Coast Park serves as a collaborative platform and is organised as an association with over 80 partners from local businesses, municipalities, non-profit organisations, and private individuals.

Geologically, the landscape is completely unique. In the place where the fjords now open into a conglomerate of islands and islets, there once stood the world's largest mountain range: the Caledonian orogeny. It left a varied coastal landscape with many traces of that happened. In fact, there's no other place on earth where you can study the rise and fall of a mountain range quite like you can here.

When the ice retreated after the last ice age, the first humans arrived in Norway. About 5,000 years ago, they began to clear pastures by burning down the forests and vegetation along the coast. In this way, grazing animals, especially the hardy wild old Norwegian sheep, could be of use. The landscape that emerged from this cultivation is known as coastal heathland. This is now a threatened type of landscape that Fjord Coast Park is actively working to make people aware of and preserve.

RECOMMENDED TOURS IN THE PARK

Experience authentic coastal culture, kayak in Norway's finest archipelago, and

go island hopping between a myriad of islands. A three-day roundtrip in Solund will take you on the popular island-hopping tour with the postal boat from Hardbakke to Bulandet, kayaking with Sognefjord Active, hiking on Ramnenipa or on a visit to a day-trip cabin with local guides.

Enjoy amazing food at Leonards Forlaavelse, rent a kayak at UWC Connect and paddle in the beautiful little fjord. Visit Millstone Park, an outdoor museum in the largest quarry in Scandinavia from the Viking and Medieval Ages.

At the epicentres, you can find more information about what to see and experience in the Fjord Coast Park. Scan the QR code to learn more about these sites.

The Fjord Coast Regional- and Geopark is working towards becoming a UNESCO Global Geopark and expects a decision on the application in spring 2025.



CHAPTER 2. EXCURSIONS

MAP





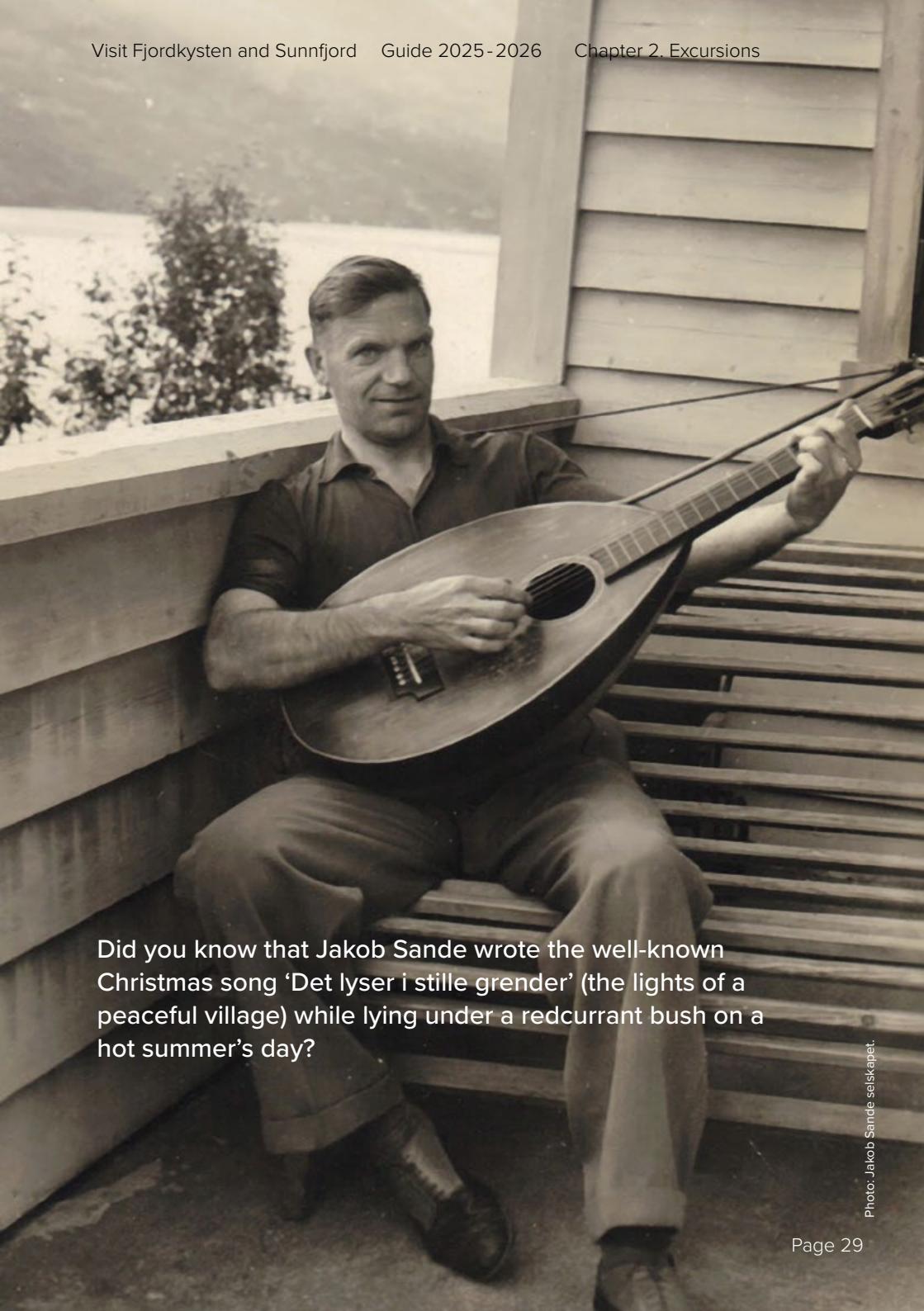
By the way!

Did you know that around 400 million years ago, Lihesten lay at the bottom of a deep valley, high up in the Caledonian mountain range?

Read more about how Lihesten transformed from lying in deep valleys to becoming a majestic landmark on the coast of Fjord Norway.



Photo: Visit Fjordkysten and Sunnfjord.



Did you know that Jakob Sande wrote the well-known Christmas song 'Det lyser i stille gredner' (the lights of a peaceful village) while lying under a redcurrant bush on a hot summer's day?

NORWAY'S BEST KAYAKING



Photo: Magnus R. Furset.

The thousands of islands, islets and skerries set in beautiful scenery make The Fjord Coast and Sunnfjord the perfect place for some of the best kayaking in Norway.

Experience charming fishing villages, white sandy beaches and precipitous mountains, all from the seat of your kayak. This is the perfect place to experience Norway's magnificent coast – it's only a short distance out to the ocean, yet the islands provide shelter from wind and waves.



Want to learn how to paddle a kayak? Join a beginner's course and learn to handle the kayak safely and effectively. At the same time, you'll get to experience one of Norway's most attractive paddling areas.

GUIDED KAYAK TOURS AND COURSES

Would you like to discover the Fjord Coast and Sunnfjord's hidden gems with a guide? Sognefjord Active (Norsk Kystkulturakademi), Norway AdvenTURes, Sjøbris Adventure and Kvåleskajakk offer guided kayak tours and courses in

spectacular unspoiled coastal scenery. They offer tours that will enthuse everyone from novices to the most experienced kayakers.

**Sognefjord Active /
Norsk Kystkulturakademi (Solund)**

Norway Adventures (Bremanger)

Sjøbris Adventure (Måløy)

Kvåleskajakk (Jølster)

EXPLORE THE BEAUTIFUL SCENERY FROM THE SEAT OF A BIKE



Photo: Visit Fjordbyen and Sunnfjord!

Have you ever wondered what it would be like to have nature all to yourself? Well, now's your chance.



Photo: Visit FjordKysten and Sunnfjord.

The conditions are great for cycling along the entire Fjord Coast and Sunnfjord for all ages, in spring, summer and autumn. In a beautiful coastal landscape surrounded by the open sea, majestic mountains and deep fjords, the best cycling trips await in magnificent scenery. A unique opportunity to experience nature first hand.

The Fjord Coast and Sunnfjord is perfect for cycling enthusiasts of all ages, whether in spring, summer or autumn. The area boasts quiet roads, gently rolling terrain and a multitude of islands linked by local boat and ferry routes. Bring your bicycle when you go island hopping. Enjoy cycling along idyllic roads with little traffic. It's easy to combine a cycling holiday with other activities such as fishing, hiking, kayaking and rafting.

ALONG THE COAST

If you have plenty of time, you can cycle from Gulen in the south to Måløy in the north. Combine cycling along the coast with Norled FJORDcard, which gives you five day's unlimited travel on the express boats. Hop on and off the boats and cycle the sections of your choice. Norled.no

Scan the QR code for route descriptions on selected cycle routes.



MOUNTAIN HIKES AND COASTAL WALKS



Photo: Visit Fjordkysten and Sunnfjord.

The Fjord Coast and Sunnfjord offer a wealth of hiking opportunities, from a series of spectacular summit hikes, to walks in easy terrain. Enjoy the views over a multitude of islands, high mountains and long, narrow fjords. Waymarked footpaths makes it easy to find your way, and you can choose the level of difficulty that suits you.

Coastal walking is something really special. Bracing sea air, waves crashing against the shore and mountains looming on the horizon are food for the soul. Along the Fjord Coast and Sunnfjord, you'll find steep mountains rising straight from the sea. All around are countless islands with gently rolling terrain that's perfect for walking.

On the mainland there are mountaintops offering panoramic views of fjords and glaciers, and the ocean to the west.

If you prefer something less challenging, the North Sea Trails might be just what you're looking for. This is a series of waymarked footpaths through easy terrain boasting a rich history and beautiful coastal scenery. There are a total of 17 North Sea Trails along the Fjord Coast and Sunnfjord, all clearly waymarked and provided with maps. Sunnivaleia is a pilgrim's path by sea and land, extending all the way from Bergen to Kinn and Selja. You can walk the

path independently or join an organized group walk; see sunnivaleia.no.

Tourist information offices in the region can provide tips, maps and route descriptions.

On the mainland, there are mountaintops with panoramic views of the fjord, glacier and the open sea to the west. Jølstravatnet lake is surrounded by beautiful mountaintops, making it an excellent starting point for hiking. At the eastern end of Jølstravatnet lake, there are fantastic starting points for trips and experiences such as a glacier walk on Haugabreen glacier and guided climbing tour up the Atrupegga ridge.



CHAPTER 2. EXCURSIONS

10 RECOMMENDED HIKES:

- **Pollatinden** (Solund) 541 masl
- **Lihesten** (Hyllestad) 777 masl
- **Alden** (Askvoll) 481 masl
- **Heileberget** (Askvoll) 761 masl
- **Storehesten** (Bygstad) 1 209 masl
- **Brandsøyåsen** (Florø) 293 masl
- **Veten** (Måløy) 613 masl
- **Hafstadfjellet** (Førde) 706 masl
- **Hamnanova** (Jølster) 750 masl
- **Lundeskaret** (Jølster) 1 302 masl



Photo: Visit Fjordkysten and Sunnfjord.

Visit the popular day-trip cabins in the Fjord Coast and Sunnfjord

The day trip cabin is a free cabin, available to all, 24 hours a day, throughout the year. The aim of the cabin is to provide a safe framework for walking, with a great destination only 15-90 minutes from the start of the trail. You can eat your packed lunches, warm yourself by the fireplace, and enjoy books from cabin's library.

Use the cabin as much as you like, both inside and outside. Remember, this is a shared space for everyone, so be considerate if others wish to use it while you are there. Leave the cabin as you would like to find it.



Photo: Visit FjordKysten and Sunnfjord.

In The Fjord Coast and Sunnfjord you will find 11 available cabins:

- Kletten – Måløy
- Fløgjen – Florø
- Steinkorshytta – Naustdal
- Gytta – Førde
- Skaraly – Bygstad
- Fjellro – Jølster
- Nykshytta – Askvoll
- Sørefjordhytta – Hyllestad
- Sognesjøhytta – Solund
- Haugaro – Viksdalen
- Vidsyn – Fjaler

DIVING AND SEA FISHING



Photo: Christian Skauge.



Photo: Visit Fjordkysten and Sunnfjord.

DIVING

The Fjord Coast and Sunnfjord offers fantastic conditions for diving. A rich variety of species, exciting diving terrain and a large number of wrecks draw divers to the region from all over the world. Gulen Dive Resort is one of Norway's best diving centres, providing professional diving experiences. gulendiveresort.com

FISHING

Surrounded by open sea and fjords, conditions are perfect for sea fishing all year round. Fishing in winter is a very special experience, and there is a good chance of landing some really big fish. Did you know that shellfish are at their best in the winter?

Fishing has always been important for coastal communities. There are still traditional fishing villages and islands here where fishing remains the primary source of income for local people. You'll find cottages, fisherman's cabins and boathouses, providing the perfect setting for fishing holidays. These are close to the sea, with access to good boats and facilities for preparing and storing the catch.

SAFETY AT SEA

The weather along the coast can change rapidly. Always check the weather forecast, and remember to take warm clothing and the required safety gear.

FRESHWATER FISHING IN SUNNFJORD



There is a long tradition of salmon and trout fishing in Sunnfjord, both for sustenance and as a recreational activity.

NAUSTA

– the salmon rich Nausta river is located in Naustdal. Both salmon and sea trout can be fished in Nausta. There are two waterfalls along this stretch; Naustdalsfossen, and Hovefossen.

VONAVATNET

Naustedalen, on the edge of the Naustdal-Gjengedal Protected Landscape, cultivation efforts and targeted fishing in recent years have improved both the quality and size of the fish. The area and the water are easily accessed and are also a good starting point for hiking and mountain walks.

JØLSTRAVATNET

The combination of an inflow of cold water from the Jostedalsbreen glacier, a rich nutrient base, and a 30km long lake with a maximum depth of 200m make this the ideal home for Jølster trout. Fishing in this water is well regulated, and the quality of the fish is very good. Each year at the beginning of June, the Jølster Trout Festival hosts a fishing competition, with the whole of Jølstravatnet as its arena. Combine fishing on Jølstravatnet with a stay at Jølvassbu Camping. Here, you can purchase a fishing licence, rent equipment, and hire a boat. The campsite owners are passionate anglers themselves and are happy to share their best tips and advice.

FLEKKE- AND THE GUDDAL

WATERCOURSE

In Fjaler, you'll find the Guddal watercourse,

renowned for its fly fishing. The area has hosted several national competitions, including the Norwegian Cup in fly fishing, highlighting the exceptional quality of the fishing experience. Here, a diverse landscape of both calm currents and faster stretches creates ideal conditions for challenging fly fishing for trout and other freshwater species.

GAULARVASSDRAGET, HAUKELANDSVATNET, HESTADFJORDEN AND VIKSDALSVATNET

The Gaulavassdraget watercourse has a salmon stretch of 14.5km. There are a number of salmon ladders, and the one at Osfossen dates from the 1870s, making it the oldest in the country. Further up the watercourse, Haukedalsvatnet and Viksdalsvatnet are a few of the good starting points for trout fishing. Fishing licences can be purchased for the various areas at inatur.no. Local schemes exist in some areas.

MANY OPPORTUNITIES

The rivers and lakes mentioned here are only a few examples of the many possible fishing locations in the area. Talk with the locals, or with your hosts, for tips on the best fishing spots. Remember your fishing licence!



STORMWATCHING



Photo: Visit Fjordkysten and Sunnfjord.

Raw, rough and full of contrasts - in the winter, the coast shows itself in its most mysterious and magical side.



Photo: Visit FjordKysten and Sunnfjord.

Winter on the Fjord Coast is a mild, green and stormy experience combined with magnificent light. Sometimes we get cold weather with snow, however that is a rarity here, and when it comes it seldom lasts for long. The Fjord Coast is the stormiest part of southern Norway. The most reliable time to enjoy the storms is from November through February. We call it the winter storm season – and it is impressive.

Staying inside in front of the fireplace enjoying hot drinks, snuggled in warm blankets, sharing stories and spending time together is an important part of the storm watching experience. Fish and

seafood are at their best in wintertime; make sure to enjoy some of our locally crafted food. Our chefs will make sure you taste the local flavours both in food and drinks. Everywhere you meet a good host - our rough coastal climate stands in stark contrast to the pleasant people who welcome you.

For inspiration and more information:



SUNNFJORD - THE NEW SKIING PARADISE



Photo: Visit Fjordkysten and Sunnfjord

Sunnfjord is known for its beautiful national costume and fjord landscape, but the area also offers great skiing opportunities.

In Sunnfjord, you'll find snow-covered adventures ranging from steep glacier arms to coastal views, perfect white slopes, valleys, and gullies descending from both rounded and sharp peaks.

There are many randonnée mountains around Jølstravatnet lake. One of them can be found innermost in the Åhusdalen valley, just past the village Åhus beside Jølstravatnet lake. You can start the ascent to Gotdalsnipa, 1,249 meters, from Fjellstøylen. You start at an elevation of around 250 meters above sea level and climb an almost 1,000-metre ascent in excellent ski touring terrain. The best way down from the top is the north-facing run looking up to Grønlifjellet, which is also incidentally an excellent ski touring mountain, a great destination for those looking for a longer and tougher tour. Another nearby Jølster classic is the well-known motif used by the artist Nikolai Astrup, who has immortalized 'the Ice Queen' peaks of Blåfjellet, Egga and Nipa. Park at Helgheim church and ski almost from the very edge of Jølstravatnet lake up the hillside and look forward to cruising your way back down. You can do several summits on a day trip.

For these ski touring routes in Jølster, designated and ploughed parking areas are provided:
Snønipa (Høyset)

Grovabreen og Olahansfjellet
(Dvergaldalsdalen)
Bjørsetfjellet (Årdalen)
Gotdalsnipa (Åhus)
Syskarsfjellet (Åhus)
Steinegga og Tindefjellet (Svidalen)

SUNNFJORD'S OWN HAUTE ROUTE

The Sunnfjord route has become a phenomenon, and highly experienced guides from Breogfjell lead the journey, and you can walk it with good help from the locals, by ordering a package that includes a guide, accommodation and food along the way. Through Breogfjell, you can book a package that includes a guide, accommodation, and meals along the way.

In the unique cultural landscape along the Gaula River, you'll also find mountains well-suited for ski touring. Here, you can explore both short and long routes through wild and beautiful Western Norwegian nature.

For more inspiration about Sunnfjord's new skiing paradise, look here:



SAVOR THE FLAVORS OF THE FJORD COAST AND SUNNFJORD

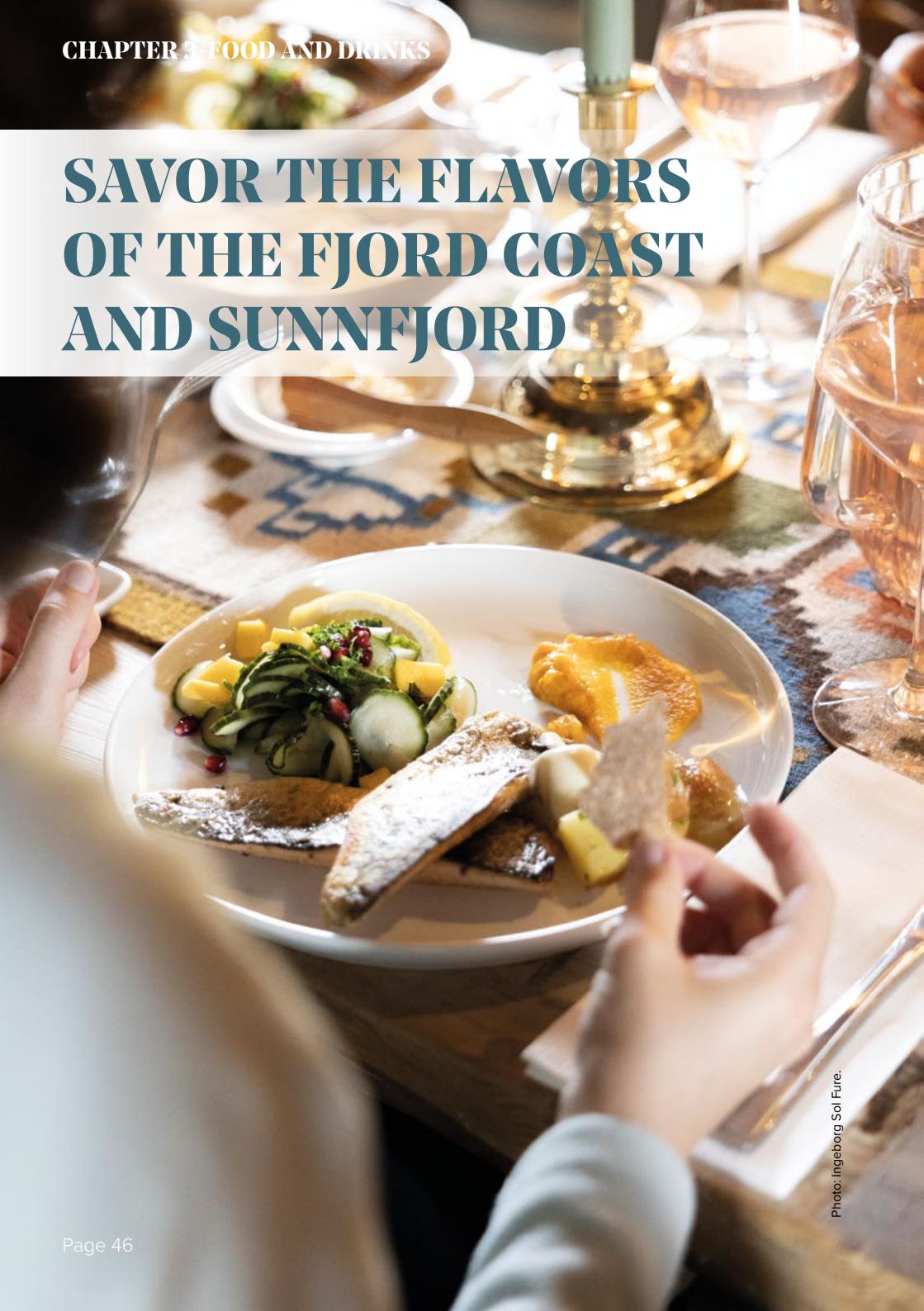


Photo: Ingeborg Sol Fure.

From seafood and local specialties to craft beer and wine cultivated in the true Fjord Norway climate, Fjord Coast and Sunnfjord offer a world of flavors. Here, you can explore at your own pace and experience locally sourced food and drink in their natural habitat – deeply connected to the nature and culture that have shaped them.

FROM OCEAN AND RIVER TO TABLE

The region offers fantastic opportunities for both deep-sea and salmon fishing. Feel the thrill of casting your line in the open sea or try your luck in one of the many rivers. Jølstrauren, renowned for its pure taste and exceptional quality, is a prime example of how Sunnfjord's natural surroundings create the finest ingredients. If you want to savor the freshest seafood, the finest Jølstraure, and delicious shellfish, you'll find restaurants and culinary experiences that bring you closer to the authentic flavors of the Fjord Coast and Sunnfjord.

UNIQUE BREWS AND WINE FROM THE COASTAL LANDSCAPE

Kinn Brewery crafts authentic artisan beer inspired by traditional brewing methods.

From robust, dark ales to light and hoppy varieties, each beer is brewed with genuine passion. In summer, you can join a guided tour at Vesle Kinn in Florø.

At the Vineyard in Jølster, Vestavin is transforming ingredients into unique fruit wines in modern styles, giving them a distinctive character. On this restored smallholding, you can experience a truly exceptional West Norwegian fruit vineyard.

In The Fjord Coast and Sunnfjord, the journey is about more than just the destinations – it's about exploring, discovering, and creating your own experiences. Go your own way, taste your way through the landscape, and let your senses guide you to new adventures!



Photo: VisitFjordKysten and Sunnfjord

CHAPTER 3. FOOD AND DRINKS

KINN BREWERY



Join in on a guided beer tasting at Vesle Kinn, located in the heart of Florø.



Photo: Visit FjordKysten and Sunnfjord.

Vesle Kinn can be found at the heart of Strandgata in Florø and is the test brewery and café for Kinn Brewery. The rear part of the premises contains a small brewery, where new recipes are tested. Kinn Brewery offers guided tours and tasting at Vesle Kinn in the summer. Visitors can enter the brewery premises and learn about the brewing process and the history of Kinn Brewery. Guided tours and tasting can be booked for groups all year round. Please contact post@veslekinn.no for more information.

KINN BREWERY

Kinn Brewery was established in 2009 in Florø, a small town situated by the fjords

on the west coast of Norway. The pure water from the mountains surrounding the town is the perfect base for the products. The commitment to tradition, craftsmanship and fine taste are the qualities that make Kinn Brewery products, ales and stouts attractive and unique.

For more information and booking of beer tasting:



GUIDED TOUR AND WINE TASTING AT THE VINEYARD AT JØLST



Photo: Visit Fjordkysten and Sunnfjord.

Inspired by West Norwegian fruit wine and cider traditions, Vestavin creates modern fruit wines that highlight unique flavors and qualities in new and exciting ways.



Photo: Visit FjordKysten and Sunnfjord.

EXPERIENCE VESTAVIN

At the vineyard at Jølst, Vestavin is transforming ingredients into contemporary fruit wines while turning a former smallholding into a distinctive fruit vineyard. During the summer season – and on request throughout the year – guided tours with tastings are available at the vineyard at Jølst. Here, you can experience a fruit vineyard in the making.

Camilla will welcome you and take you on a tour of the farm and production facilities

before leading you through a tasting of selected fruit wines from Vestavin. With great enthusiasm, she shares her passion for West Norwegian flavors.

For more information and to book a guided tour, visit:



THE FJORD COAST AND SUNNFJORD

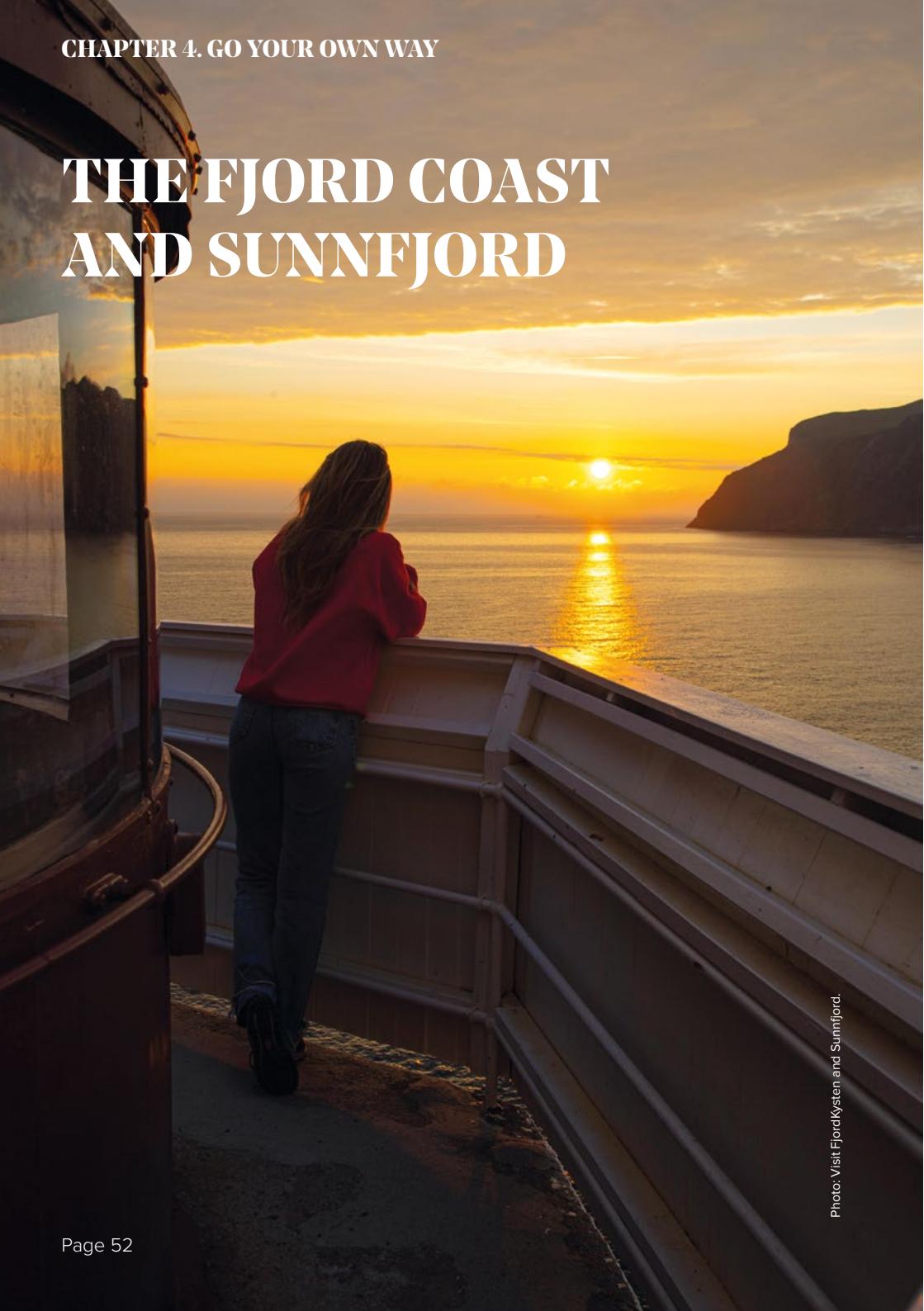


Photo: Visit Fjordkysten and Sunnfjord.

The Fjord Coast and Sunnfjord stretch from the glaciers in the east to the fjords and island communities in the west, encompassing the six municipalities of Solund, Hyllestad, Askvoll, Fjaler, Kinn, and Sunnfjord.

This diverse region on Norway's west coast offers a rich variety of scenic experiences, cultural treasures, and outdoor activities. From majestic mountains and waterfalls to charming island villages and historical landmarks, Fjord Coast and Sunnfjord invite visitors to explore and discover the region's unique character and warm hospitality.

With its wealth of experiences, breathtaking nature, and rich cultural heritage, the region holds great untapped potential and still has plenty of space to welcome many more guests.





Photo: Lillian Hetland.

SOLUND

Solund is an island paradise with 1700 islands, islets, and skerries in the west, where the fjord meets the open sea. Board the local postal boat to island hopping and enjoy a fantastic trip uncovering many hidden gems.

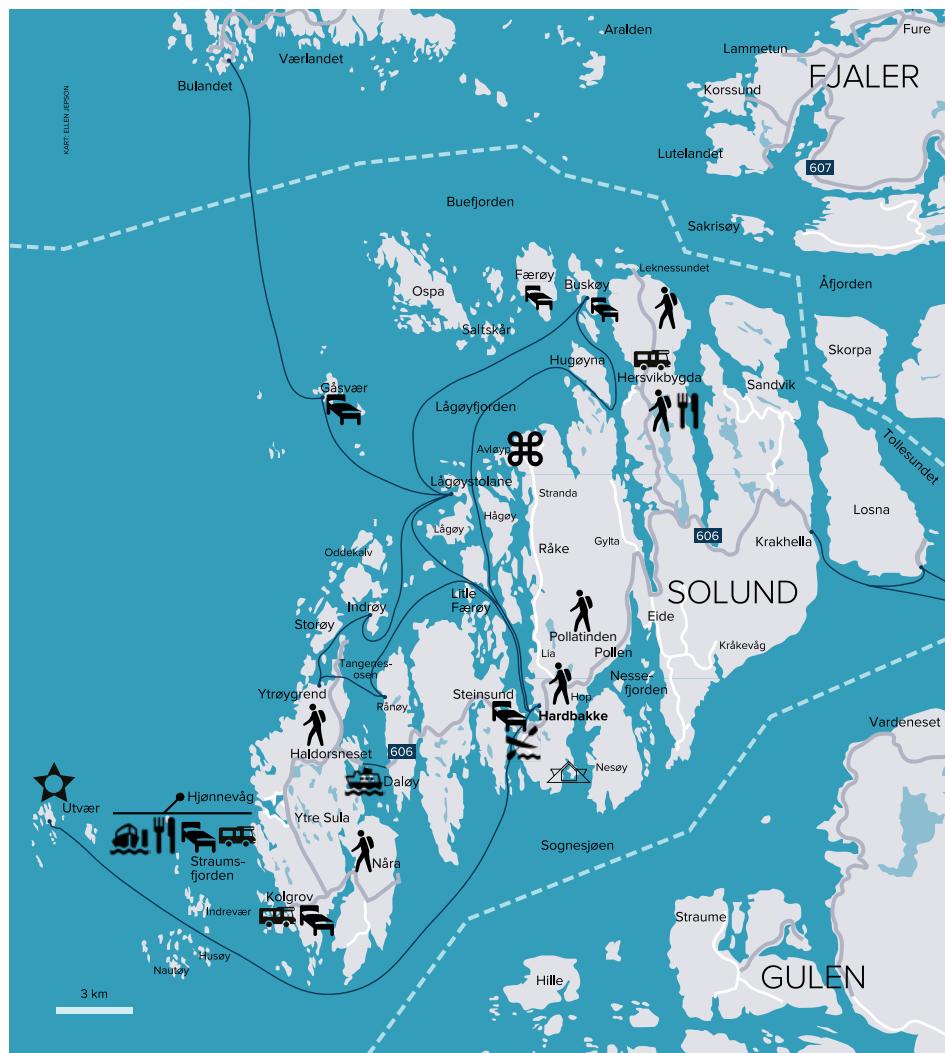
Solund is a popular destination for holidays by boat and fishing holidays. Far out to at sea is Utvær, the westernmost point of Norway. Here you'll find Utvær lighthouse, and in the summer you can join a lighthouse safari to Utvær.

Solund is a dream come true for kayakers. The many islands provide shelter from winds and waves, and when the weather is good, it's just a short way out to the

mighty ocean. There are plenty of ways to stay active on land as well. Across the municipality, you'll find well-marked hiking trails in diverse terrain.

Join a unique wild sheep safari, where you'll get up close to the hardy coastal sheep while learning about the rich traditions of the region.

Solund is also a great destination for cycling. The road is gently undulating and somewhat narrow.



EXPERIENCE EVEN MORE OF SOLUND



– scan the QR code and start the adventure!

CHAPTER 4. GO YOUR OWN WAY

Solund Apartment Hotel

Take the trip to Solund Apartment Hotel – and enjoy the fantastic view from the hotel! Here you get a relaxing break from a hectic weekday. Hike in a beautiful coastal landscape, and experience Solund's 1,700 islands, islets, and islands! Solund Apartment Hotel is located in the center on Hardbakke in Solund.

Hardbakke / Solund /
+47 911 89 822 / post@solund.com



Photo: Visit FjordKysten and Sunnfjord.

Steinsund Marinesenter

A Family-friendly town with fishermen cabins and houses in Solund, furthest west in the Sognefjord. Steinsund Marinesenter is idyllically located 5 min. away from the center of Hardbakke. It is possible to rent a boat, paddle a kayak, jump on a trampoline, or swim on the shore. Good space for divers, with exciting underwater areas. Steinsund can arrange boat trips and food delivery.

Hardbakke / Solund /
+47 975 75 117 / info@steinsund.no



Photo: Visit FjordKysten and Sunnfjord.

Solund Rorbuferie – Fishermen's cabin

Solund Rorbuferie has three small cabins and one apartment of a high standard, all the way down on the edge of the sea. Enjoy beautiful days in the outdoor area. Here you will find a barbecue cabin that is open to guests with space for 20 people. Solund Rorbuferie offers rental of Øyen 18-foot boats so that they can experience the island paradise from the sea as well.

Hjønnevåg / Solund /
+47 917 92 230 / sonjahj@icloud.com



Photo: Visit FjordKysten and Sunnfjord.

Gåsvær Fishing Holidays

Distinctive, restored residential building with 3 apartments right on the seafront. Gåsvær is a small island in the sea gap at the far end of the Sognefjord, a traditional old fishing village with an old sea house environment. Here you can bring your family or friends on a relaxing holiday. Boat rental.

Gåsvær / Solund /
+47 992 98 975 / amarie-g@online.no



Photo: Visit FjordKysten and Sunnfjord.

Kalgraff Holiday and Leisure

Kalgraff Holiday and Leisure is beautifully located at Kolgrov in Ytre Sula in Solund. Here you can enjoy warm summer days or experience the rough coastal climate on the stormiest days. Surrounded by the open sea and fjords, the conditions are perfect for day trips. Whether you want to fish, explore the island communities, or find yourself a rock where you can enjoy the silence. Boat, kayak, and bicycle hire.

Kolgrov / Solund /
+47 959 76 825 / frode.kalgraff@enivest.net



Photo: Visit FjordKysten and Sunnfjord.

Lighthouse Safari to Utvær

Let yourself be captivated by Utvær's history and the beautiful scenery far out at sea. During the summer you can join Vidar Hop Skyssbåter on a lighthouse safari to Utvær.

Hardbakke / Solund /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

Island Hopping with the postal boat

Join the local mail boat on Island hopping to Solund, Bulandet, and Værlandet – a great tour among the westernmost islands in Norway.

Hardbakke / Solund /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

Coastal culture paddle with Sognefjord Active

Experienced guides from Sognefjord Active will take you on an unforgettable journey through Solund's 1,700 islands, islets, and skerries. Along the way, you'll learn about local history, geology, and wildlife. Paddle through charming fishing villages and explore Solund's unique geological landscape from your kayak.

Hardbakke / Solund /
+47 481 05 774 / post@nkka.no



Photo: Visit FjordKysten and Sunnfjord.

CHAPTER 4. GO YOUR OWN WAY

Wild Sheep Safari with Sognefjord Active

Learn about the Old Norwegian Sheep, also known as wild sheep, which is genetically the same as it was in Viking times. Hear fascinating stories about life on the islands, past and present, visit the wild sheep that roam here, and discover how these hardy animals—working in harmony with the weathered coastal communities—have maintained the landscape and heather moorlands of Solund for 5,000 years.

Hardbakke / Solund /
+47 481 05 774 / post@nkka.no



Photo: Visit FjordKysten and Sunnfjord.

Lågøystolane

Abandoned, on a small islet outside Lågøy you will find Lågøystolane. The stone giants were forgotten by the ice that lay over Solund thousands of years ago. These give a distinctive character to the landscape that cannot be found elsewhere.

Lågøy / Solund /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

Fjordane Friluftsråd

"Outdoor life – a natural part of everyday life for everyone". Some of the main projects are running regional clean-up projects on the coast and facilitating outdoor activities.

Hardbakke 33 / Solund /
+47 994 87 500 / fjordane@friluftsrad.no



Photo: Dagmara Wojtanowicz.

Draumeparken Discgolf Destination

Solund Sendebrøtlaug's disc golf course features an impressive 31 holes, including a beginner-friendly 9-hole course and an advanced 18/22-hole course. Conveniently located near the municipal center, the course winds through a distinctive coastal landscape—at the westernmost edge of Norway.

Hardbakke / Solund /
+47 406 32 299 / post@sendebrøtlaug.no



Photo: Lillian Herland.

Skafferiet Food and Drinks

The restaurant is located at the Solund apartment hotel on Hardbakke. From the outdoor dining area, there is a great view of the municipal center Hardbakke, the bustling boat life in the harbor and the unique landscape of Solund.

Hardbakke / Solund /
+47 976 97 732/ post@skafferietmatogdrikke.no



Photo: Visit FjordKysten and Sunnfjord.

Havkroa

Havkroa is idyllically located in Hjønnevåg, Outer Solund, right next to Solund Rorbuferie. The restaurant is open during the summer season, serving food, drinks, and kiosk items. Outside the summer months, groups of at least 10 people can book by request.

Hjønnevåg / Solund
+47 917 92 230 / sonjahj@icloud.com



Photo: Visit FjordKysten and Sunnfjord.

SolundFest

A true community festival for the whole family! Enjoy live concerts by the open sea, harbour stalls with activities, shows, and fun for all ages. SolundFest kicks off the summer in style!

Hardbakke / Solund
solundfest@gmail.com



Photo: SolundFest.



Photo: Visit FjordKysten and Sunnfjord.

HYLLESTAD

Travel back in time in Hyllestad. At the Millstone Park you can see traces of the distinctive production of millstones, going right back to the Viking age. Guided tours are organized in the summer. There is also an information center and souvenir shop.

Majestic Lihesten is a popular destination for both hiking and climbing and stands as a true landmark on the Fjord Coast. Embark on a hike up the impressive Sherpa steps leading to the Lihesten plateau, where you can choose to continue to Risnesnipa, the highest point, or head to the spectacular Gyrekjeften.

In Hyllestad, you'll find many small, idyllic spots where you can truly experience

peace and tranquillity. Discover the fjord landscape on horseback with Indrefjord Gard, or wander through the charming and lush Hjertebladhagen garden.

Take a bike ride along the fjord, glide silently across the water in a kayak, or try your luck fishing—with excellent fishing spots just a short distance away.



EXPERIENCE EVEN MORE OF HYLLESTAD

scan the QR code and start the adventure!

CHAPTER 4. GO YOUR OWN WAY

Hotel Sognefjord

Hotel Sognefjord is the perfect choice for those seeking a fjord and mountain getaway. Ideally located for day trips to some of Norway's most stunning natural gems, the hotel offers easy access to world-famous attractions that draw visitors from across the globe to the breathtaking fjord landscape of Sogn.

Leirvik / Hyllestad /
+47 577 88 920 / post@hotelsognefjord.no



Photo: Visit FjordKysten and Sunnfjord.

Sognhostel

Sognhostel is a family-run hostel in a rural area and is perfect if you are traveling alone or with someone. Here you can relax, enjoy nature, or go hiking in wonderful surroundings. There are many different activities for young and old in the area.

Sørbøvåg/ Hyllestad /
+47 907 87 693 / post@sognhostel.no



Photo: Visit FjordKysten and Sunnfjord.

Hatlems Cabins

Hatlems Hytter is located at Risnes in Lifjorden. The cabins vary greatly in size and standard, and work brilliantly as a base for excursions on the fjord and in the mountains. Whether you are looking for a simple log cabin, modern apartments, or something in between, Hatlems Hytter has holiday homes for every taste and every need.

Lifjorden / Hyllestad /
+47 952 53 943 / oddvar.hatlem@online.no



Photo: Oddvar Hatlem.

Lavik Holiday House

At Lavik Holiday house you can enjoy peace and quiet or take a bath in a natural and child-friendly saltwater pool. There are many great hiking opportunities in the area, including Sørbøheia, which is 360 meters above sea level and has a very nice view. Boat hire is also possible.

Sørbøvåg / Hyllestad /
+47 481 00 597 / bk.lavik@enivest.net



Photo: Lavik Feriehus.

Fjordkick

Sørbøvåg is a beautiful west country village at the entrance to the world-famous Sognefjord. Here lies Fjordkick – beautiful holiday homes with a panoramic view of the Åfjord and majestic Lihesten – an eldorado for hikers and nature enthusiasts. Good fishing conditions both in the fjord, further out to sea and in the many fishing lakes on land. The fjord is ice-free all year round. Fantastic terrain both by bike and on foot.

Sørbøvåg / Hyllestad /
+47 979 62 230 / mail@fjordkick.no



Photo: Visit FjordKysten and Sunnfjord.

Sognefjord Experience

Sognefjord Experience offers cabins and holiday homes along the outermost part of the Sognefjord. Beautifully situated in Leirvik in Hyllestad and nearby Lavik, these accommodations provide the perfect base for exploring the stunning coastal and fjord landscapes. With local hosts eager to share their knowledge, you'll experience the best of the Sognefjord and the coast in a truly authentic way.

Leirvik og Lavik / Hyllestad /
+47 919 25 980 / post@sognefjordexperience.no



Photo: Visit FjordKysten and Sunnfjord.

Indrefjord Gard

Get closer to farm life and animals with Indrefjord Gard. Dreaming of being a cowboy for a day? Experience the thrill of a Western-style adventure, or join a scenic horseback ride along the fjord and coast for an unforgettable journey through stunning landscapes.

Indrefjord / Hyllestad /
+47 959 43 735 / post@indrefjordgard.no



Photo: Visit FjordKysten and Sunnfjord.

Hjertebladhagen

Hjerteblad is just as much an experience as a store. People come from far and wide to experience Hjertebladhagen and learn and be inspired by Merete's knowledge. During summer, an outdoor garden café welcomes visitors, and throughout the year, you can join courses on gardening, organic cultivation, and health & well-being.

Skifjorden / Hyllestad /
+47 934 48 983 / merete@hjerteblad.no



Photo: Visit FjordKysten and Sunnfjord.

CHAPTER 4. GO YOUR OWN WAY

Millstone Park

Join the stone adventure! The Millstone Park in Hyllestad is an outdoor museum in the largest stone quarry landscape from the Viking period and Middle Ages in Northern Europe. Here you will experience another side of history: The Vikings as skilled craftsmen and traders!

Hyllestad / Hyllestad /
+47 458 71 940 / nks@misf.no



Photo: Visit FjordKysten and Sunnfjord.

Deep-Sea Fishing with FjordKick

Join FjordKick for an unforgettable fishing adventure, whether you're chasing big catches in the stunning fjords or heading out to the open sea where the Sognefjord meets Sognesjøen. In addition to deep-sea fishing, the area also offers excellent freshwater fishing opportunities.

Sørbøvåg / Hyllestad /
+47 979 62 230 / mail@fjordkick.no /



Photo: FjordKick.

Hotel Sognefjord

Hotel Sognefjord is located by the Sognefjord. Here you will find a bar, restaurant and café.

Leirvik / Hyllestad /
+47 57 78 89 20 / post@hotelsognefjord.no



Photo: Visit FjordKysten and Sunnfjord.

Hjertebladhagen Summer Café

During summer, you can visit the outdoor garden café at Hjertebladhagen. Surrounded by beautiful flowers, a thriving bird and insect life, and the friendly dogs and cats that are a beloved part of the garden, this is a charming spot to relax and enjoy nature.

Skifjorden / Hyllestad /
+47 934 48 983 / merete@hjerteblad.no



Photo: Visit FjordKysten and Sunnfjord.



Photo: Visit FjordKysten and Sunnfjord

ASKVOLL

Askvoll offers impressive nature experiences, from the fjord itself to islands far out where the fjord meets the open sea. The municipality is a paradise for keen hikers, boasting several of the best summit hikes in the region, including Alden (481 masl) and Blegja (1304 masl). Nipebu, a self-service cabin operated by the Norwegian Trekking Association (DNT), makes an excellent base for both day hikes and fishing.

A visit to the knife factory Helle Knivfabrikk will be of interest to history and culture buffs. In Rivedal, you'll find a statue of Ingólfur Arnarson, the first Norwegian settler in Iceland.

Visit the charming islands of Bulandet and Værlandet, located far out west by the open sea. The islands here are like a string of pearls, beautifully linked by six bridges and a 5.24 km road. These islands are a popular holiday destination for those who enjoy cycling, paddling, fishing or hiking.

The Askvoll community center is a great base for experiencing one bustling crowds in the summer, and for day trips to Bulandet, Værlandet, and Atløy. Rent a bike for an easy ride along the fjord and sea, or take a walk on the cultural hiking trail that starts in the harbor.

EXPERIENCE EVEN MORE OF ASKVOLL

– scan the QR code and start the adventure!





CHAPTER 4. GO YOUR OWN WAY

Askvoll Fjordhotel

From Askvoll Fjordhotel, you have excellent starting point to explore the coastal culture, local food and a pleasant hotel stay. It is a short distance from the hotel to beautiful hiking trails and spectacular experiences.

Askvoll / Askvoll / +47 577 33 535 /
post@askvollfjordhotell.no



Green
Travel



Photo: Visit FjordKysten and Sunnfjord.

Askvoll Småbåtlag – Guest Harbor and Caravan Parking

Askvoll guest harbour is located in Øyra, just a stone's throw from the center of Askvoll. Here you will find 50 meters of guest quay, asphalted area with gravelled pitches for RV, caravan parking, and green area for camping. At Øyra, you will find a great swimming beach, climbing park, volleyball court and boathouse with barbecue that you can dispose of. It is approximately 10 minutes to walk to the artificial turf field and ball pit.

Askvoll /
+47 951 06 206 / askvoll.smaabaatlag@gmail.com



Photo: Steinars Foto og Repro.

Værlandet Oceanfront Hotel

Værlandet Oceanfront Hotel offers accommodation with the sea right outside the bedroom! Both of the two hotel buildings have spectacular views of the sky and sea, and all the rooms have their own theme, which affects the choice of colors and the interior. Keywords for the trip are the sea, nature, wildlife, geology, fauna, fisheries, and history.

Værlandet / Askvoll /
+47 957 78 071 / post@vaerlandethavhotell.com



Photo: Visit FjordKysten and Sunnfjord.

Værlandet Guesthome

The old school at Værlandet has been converted into a guest house. Outside there are activities such as sand volleyball, football bingo and a large park area for play and fun. A large area is available for motorhomes and tent guests, with access to electricity, toilet and shower. Accommodation under roof is also possible for guests with hammocks or sleeping bags. A food cart offers Thai food, storm soup and fish cakes.

Værlandet / Askvoll / +47 900 41 292 / 951 03 971
/ post@vaerlandetgjesteheim.no



Photo: Visit FjordKysten and Sunnfjord.

Liv og lyst

Liv Turid Gjørøy welcomes you to her tiny holiday paradise on Gjørøy in Bulandet. Here you can experience the beautiful island community and spend the night in the charming farmhouse or sea house at Liv og Lyst. Here you will find several unique places to stay, and a function room set in an old barn. There is an exhibition of several artists inside the function room, and a nice photo exhibition on a rock wall outside.

Bulandet / Askvoll /
+47 913 17 194 / liv.turid.gjoroy@enivest.net



Photo: Visit FjordKysten and Sunnfjord.

Bulandsferie

Bulandsferie is a pearl in the sea gap. Here you can take a breather and enjoy a place with silence and a wide horizon around you. Bulandsferie is located close to the sea, in a distinctive and pleasant environment. All the small islands and narrow straits make Bulandet a unique community.

Bulandet / Askvoll /
+47 916 91 918 / bulandsferie@gmail.com



Photo: Visit FjordKysten and Sunnfjord.

Cultural Walk in Askvoll

Join a cultural walk in the footsteps of Anders Askevold. This trail takes you to places connected to the life and work of the famous artist, showing you how the local nature and village are reflected in many of his paintings.

Askvoll /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

Ingolf Arnarson Statue

The Ingolf Arnarson statue in Rivedal stands as a monument to pioneering spirit and the urge to explore, reflecting the seafaring heritage of Dalsfjorden before the year 1000.

Rivedal / Askvoll /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

CHAPTER 4. GO YOUR OWN WAY

Vilnes Church

Vilnes church on the island of Atløy is a beautiful Medieval church in wood from 1674 and the oldest wooden church in Sunnfjord.

Atløy / Askvoll /
+47 918 74 724 / post@askvoll.kyrkja.no



Photo: Visit FjordKysten and Sunnfjord.

Brurastakken

Few places boast as rich and diverse a geological history as the Askvoll area. The Brurastakken mountain formation is a striking landmark when arriving by sea and a true paradise for geologists in the field. From the summit, you'll be rewarded with a spectacular 360-degree view with minimal elevation gain.

Atløy / Askvoll /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

Bulandet Exhibition

In the old schoolhouse in Bulandet, you will find the Bulandet exhibition. The exhibition in "Bulandet Temapark" (community museum), provides an overview of daily life and fisheries in Bulandet. Here Bulandet is shown in the past and present.

Bulandet / Askvoll /
+47 472 81 513 / temaparken@live.no/

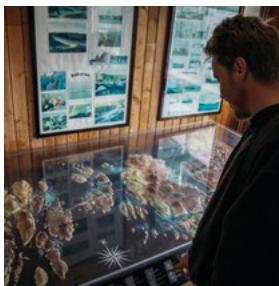


Photo: Visit FjordKysten and Sunnfjord.

Fishing with Værlandet Gjestehheim

Rent a fishing boat, with or without a skipper, where guests of the guesthouse have priority. Traps are set, and guests can join in on the catch by pre-booking. Transport to Alden can also be arranged upon request.

Værlandet / Askvoll /
+47 900 41 292 / 951 03 971 /
post@vaerlandetgjestehheim.no /

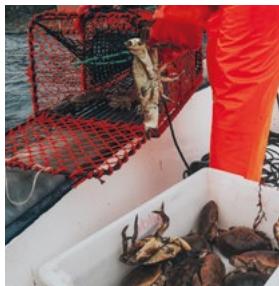


Photo: Visit FjordKysten and Sunnfjord.

Bicycle hire at Joker Værlandet

With little traffic, slightly hilly terrain, and a multitude of islands linked together by bridges, Balandet and Værlandet are a cycling eldorado for young and old. Værlandet Handel / Joker Værlandet offers bicycle hire.

Værlandet / Askvoll /
+47 577 30 120 / joker.verlandet@joker.no /



Photo: Visit FjordKysten and Sunnfjord.

Askvoll Fjordhotel

Welcome to Askvoll Fjordhotel's restaurant. Here you can enjoy a good homecooked meal. Askvoll Fjordhotell is ideally located to experience the coastal culture. The restaurant has a capacity of up to 75 people and offers catering.

Askvoll / Askvoll / +47 577 33 535 /
post@askvollfjordhotell.no /

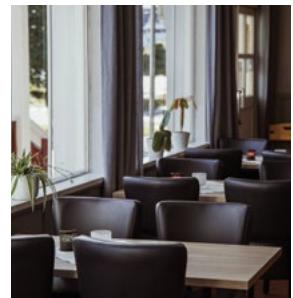


Photo: Visit FjordKysten and Sunnfjord.

Hamnaholmen

Located in the old general store on Værlandet, Hamnaholmen is a charming and soulful little café, pub, and shop. Open every weekend all year round, it's the perfect place to enjoy good company in a warm and welcoming atmosphere.

Værlandet / Askvoll /
+47 403 06 964 / post@hamnaholmen.no /



Photo: Visit FjordKysten and Sunnfjord.

Jungeltelegrafen

The cafe at Jokerbutikken in Værlandet sells buns, ice cream, and coffee all year round in during the shop's opening hours. For large parts of the year, hot dishes are also served at Jungeltelegrafen about two days a week.

Værlandet / Askvoll /
+ 47 577 30 120 / joker.verlandet@joker.no /

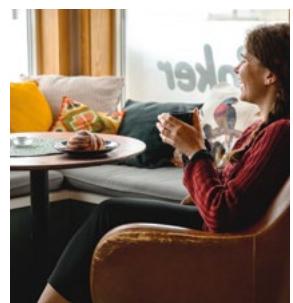


Photo: Visit FjordKysten and Sunnfjord.

CHAPTER 4. GO YOUR OWN WAY

Floren

Floren is a converted, restored barn with a meeting room and function room. Here there are changing arts and crafts exhibitions. The host Liv Turid Gjørøy invites guests to memorable experiences.

Bulandet / Askvoll /
+47 577 32 119 / liv.turid.gjoroy@enivest.net



Photo: Visit FjordKysten and Sunnfjord.

Askvoll Sjøbuer Food and Drinks

Askvoll Sjøbuer Food and Drink is an inn, restaurant and pub right on the seafront in Askvoll Centre. Here you get good food and drink, whether you want to enjoy it here or take it home with you.

Askvoll / Askvoll /
+47 577 30 381 / post@asjobuer.no /
askvollsjobuer.no



Photo: Lillian Herland.

Skjærgårdstreffet

Since 1998, Skjærgårdstreffet has been held in beautiful Askvoll. With a strong coastal theme, this event offers a variety of activities and fun for all ages, celebrating life by the sea.

Askvoll / askvollsgt@gmail.com /



Photo: Anniken Gjørøy.



Photo: Visit FjordKysten and Sunnfjord

FJALER

Fjaler is situated on the southern side of the Dalsfjord and has a very diverse geography. Here, you can travel from the charming fjord villages of Dale and Flekke, through the salmon-rich Flekke and Guddal waterways, further up the scenic Guddal valley, and out to the picturesque coastal settlements in the west.

Dale is the administrative center of Fjaler and has a good range of cafés and shops. Jakob Sande-tunet is situated in the center of the village. In Hellevik you will find Leonards Forlaavelse. There is also a grocery shop and a nice beach in Hellevik if you fancy a swim. The Nilsbua cultural monument is also worth a visit.

The district recorder's estate Lillingstonheimen is in Tysse. Jensbua Kystkultursenter coastal culture center is situated nearby and is the base for the Bakkejekta boat.

Another gem in Fjaler is Korssund, an old guesthouse in the very west of the municipality, with a rich and fascinating history. It gets its name from the four-metre-high Olav Cross, one of the biggest in Norway. Korssund has a good natural harbor and is teeming with boats in summer.

CHAPTER 4. GO YOUR OWN WAY

KART: ELLEN JEPSEN





CHAPTER 4. GO YOUR OWN WAY

Fabel Café and Motel

Fabel Café and Motel is located in Dale center in Fjaler, and is a natural place for a rest break. Here, you'll find affordable and comfortable rooms, making it the perfect base for experiencing breathtaking nature and rich cultural experiences.

Dale i Sunnfjord / Fjaler /
+47 400 70 470 / post@fabelkafe.no

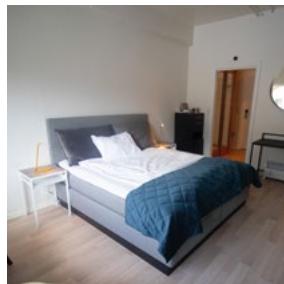


Photo: Visit FjordKysten and Sunnfjord.

Hellebustfossen Cabins

Hellebustfossen Cabins offers two large and modern cabins with salmon rights at Hellebustfossen in the rich Flekke and Guddals watershed. The cabins are suitable for trips with friends, family, and colleagues who are looking for salmon fishing and other great nature experiences.

Hellebust / Fjaler /
+47 577 35 728 / bjarhel2@online.no



Photo: Hellebustfossen Hytter.

Yndestad Farm

Yndestad farm is located in beautiful surroundings with great areas for walks in the mountains and fields, fishing, boat trips, swimming, and more. Here you can enjoy the summer days with a view of both the mountains and the lake. Stay in a farmhouse, or at the year-round camping site.

Yndestad / Fjaler /
+47 577 37 577 / yndestadgard@gmail.com



Photo: Visit FjordKysten and Sunnfjord.

UWC Connect

At UWC Connect, you can spend the night in bright and spacious rooms close to the Flekkefjord. The accommodation building is connected to UWC RCN, which is an international school that houses 200 students from all over the world. There is total accommodation capacity for 91 people. Perfect for larger groups.

Haugland / Fjaler /
+47 577 37 021 / connect@rcnuwc.no



Photo: UWC Connect..

Lillingstonheimen

Welcome as a guest in historic Lillingstonheimen.
Here, you can soak in the atmosphere of a bygone era.

Flekke / Fjaler /
+47 233 17 070 /
lillingston@fortidsminneforeningen.no



Photo: Visit FjordKysten and Sunnfjord.

Leonards Forlaavelse – an experience

Distinctive eatery with cheeses and exciting side dishes on the menu. Self-service food hall, large cheese counter and interior shop.

Hellevik / Fjaler /
+47 450 27 443 / leonardsforlaavelse@enivest.net



Photo: Visit FjordKysten and Sunnfjord.

Jakob Sande Centre for Storytelling

The beloved poet Jakob Sande was born and raised at Klokkgården in Dale. At the Jakob Sande Centre for Storytelling, you can learn more about his life and literary works, follow in his footsteps on a guided tour, and visit the old-fashioned general store in the former schoolhouse. Keep an eye on their website for academies and courses in oral and written storytelling.

Dale i Sunnfjord / Fjaler /
+47 481 24 808 / fortelesenteret@jakobsande.no



Photo: Visit FjordKysten and Sunnfjord.

Beach in Dale

Badevika in Dale is a popular sandy beach to the city center. Here there is a diving board, swimming raft, sand volleyball court, barbecues, and fire pit.

Dale i Sunnfjord / Fjaler /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

CHAPTER 4. GO YOUR OWN WAY

Fossedalen

Fossedalen is a natural gem not far from Dale in Sunnfjord. Hike along the well-maintained trail starting from Dalsfjord Bridge, and at the heart of the valley, you'll be rewarded with spectacular waterfalls and breathtaking scenery.

Dalsfjordbrua / Fjaler /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

Hiking to Heileberget

Rising above the majestic Dalsfjord, the impressive Heileberget — also known as Fløgen — offers a spectacular hiking experience. At 761 metres above sea level, you'll be rewarded with breathtaking views and unforgettable nature experiences.

Dale i Sunnfjord / Fjaler /
+47 577 43 000 / mail@fjordkysten.no

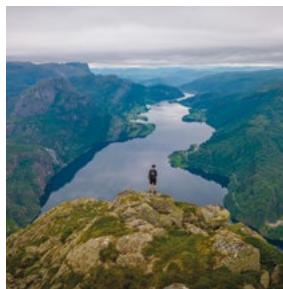


Photo: Visit FjordKysten and Sunnfjord.

Laukelandsfossen

Laukelandsfossen is a well-known waterfall in Dalsfjorden, near Dale in Fjaler. With an impressive 135-meter drop and a width of up to 100 meters, it is a breathtaking sight to behold.

Dale i Sunnfjord / Fjaler /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

Salmon fishing in Flekke- and Guddalsvassdraget

If you're searching for the big, shimmering salmon, you might just find your luck in the abundant Flekke and Guddal waterways.

Flekke / Fjaler /
+47 577 35 728 / bjarhel2@online.no



Photo: Hellebustfossen Hytter.

Trout Fishing at Yndestad Farm

From the idyllic campsite at Yndestad Gard, fishing enthusiasts will find a paradise for catching trout and Arctic char. The lake is teeming with fish, offering the chance to reel in eel, impressive trout, and delicious Arctic char.

Yndestad / Fjaler /
+47 577 37 577 / yndestadgard@gmail.com

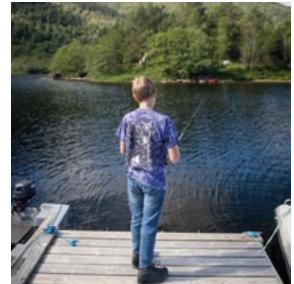


Photo: Visit FjordKysten and Sunnfjord.

Allmuen Café and Interior

Allmuen Café og Interiør is located in Dalstunet in Dale in Sunnfjord and is well known for its home-made cinnamon buns, delicious cakes and good coffee. In addition to food and drink, Allmuen Café og Interiør has a small interior department.

Dale i Sunnfjord / Fjaler/
+47 458 17 760 / Post@fabelkafe.no



Photo: Visit FjordKysten and Sunnfjord.

Fabel Café

Located in Dale, Fabel Café is a natural place for a break. Here you can try the "world's" best caramel frappe, or enjoy a good breakfast, lunch, or dinner inside, or on the beautiful roof terrace. There is also a bar with all rights – both inside and outside. The venue has the option of arranging private events on both floors. Fabel Kafé supplies catering for those who want it.

Dale / Sunnfjord /
+47 400 70 470 / post@fabelkafe.no

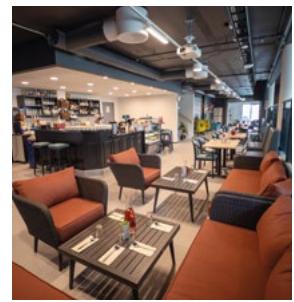


Photo: Visit FjordKysten and Sunnfjord.

Korssund Shopping and Guestharbor

The guest harbor has around 30 boat berths at nice floating jetties! Here you will find a shop, sanitary facilities, a ball court, outdoor chess, a barbecue, a convenience store, and fast food – all by the quayside! There are also pitches for camper vans and caravans. Nearby you will find the largest stone cross in Western Norway. There is also a "North Sea Trail" and other well-prepared hiking trails.

Korssund / Fjaler /
+47 577 37 535 / joker.korssund@joker.no



Photo: Visit FjordKysten and Sunnfjord.

The Theater Festival in Fjaler

The theater festival is arranged every year in September. The festival has a thematic superstructure, and emphasis is placed on creating a meeting point between art and the village on several levels.

Dale i Sunnfjord / Fjaler /
teaterfestivalenifjaler@gmail.com /
teaterfestivalenifjaler.no



Photo: Visit FjordKysten and Sunnfjord.

Dear Guest!

We value your experiences and impressions!

We hope you can take 6 minutes to complete our guest survey. By doing so, you will help us improve our destination and ensure that both you and future visitors have the best experience.

Thank you!





Photo: Visit FjordKysten and Sunnfjord.

FLORØ

Facing out to sea is Norway's westernmost town – Florø. Enjoy the combination of small-town idyll, with charming cafes, shops, exciting activities and spectacular nature experiences just a short distance away.

Florø has a deep connection to the sea and was once a thriving herring fishing hub. At the Coastal Museum in Florø, you can explore an extensive boat collection and artefacts from both rural and urban coastal life. The museum also offers fun activities for all ages. On rainy days, the Havhesten water park is a popular destination for the whole family.

Explore the archipelago around Florø with islands as varied as they are beautiful.

Experience the saga island of Kinn with its thrilling history and excellent walking terrain. Experience deer at close quarters at the Norwegian Deer Centre on Svanøy, where you can also find Svanøy Estate Manor House. These two islands are key locations along the Coastal Pilgrimage Route. On the island of Reksta, you can experience the raw beauty of the coast from your very own Birdbox. Askrova offers easy terrain for cycling and hiking. Hike to the top of Store Batalden to enjoy magnificent views over the island kingdom!

CHAPTER 4. GO YOUR OWN WAY





EXPERIENCE EVEN MORE OF FLORØ

– scan the QR code and start the adventure!



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Krokane Camping

Krokane camping is idyllic and cozy by the Fjord, approximately 2 km. from Florø city. With a short distance to exciting activities and spectacular nature experiences, Krokane Camping is a good starting point for trips along the coast. Facilities are available here for fishing, diving, and swimming, and you can spend the night in cabins, tents, or mobile homes. Krokane camping is one of Norway's westernmost campsites.

Florø / Kinn /
+47 577 52 250 / camping.floro@efinor.no



Photo: Krokane Camping.

Comfort Hotel Victoria Florø

In a city known for holding on to its traditional values, Comfort Hotel Victoria Florø has a slightly different twist. Comfort Hotel Victoria believes in the uniqueness of creating contrasts. Inside the doors, you will therefore find an urban environment characterized by design, music, and café life. Outside you will always find the sea, fjords, and mountains.

Florø / Kinn /
+47 577 52 555 / co.floro@strawberry.no



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Travel



Photo: Visit FjordKysten and Sunnfjord.

Quality Hotel Florø

A magnificent view of the fjord and mountains provides the ideal atmosphere for conferences, hotel stays or a better dinner at Restaurant Bryggekanten. The hotel building is divided into two parts with an older part which is a restored herring saltery from the 1890s and a new part which was built in 1997. All the rooms have a unique atmosphere which is marked by maritime history.

Florø / Kinn /
+47 577 57 575 / q.floro@strawberry.no



Photo: Visit FjordKysten and Sunnfjord.

Birdbox Reksta

Experience the raw beauty of the coast from Birdbox Reksta. Just outside Florø, you'll find yourself completely immersed in nature. Watch both the sunrise and sunset from your bed and feel the power of the wind and weather on the rugged coastline.

Florø / Kinn /
+47 481 05 225 / johnny@lilit.no



Photo: Birdbox Reksta.

Fanøy Island Lodge

Nestled in a sheltered spot by the sea, Fanøy Island Lodge is the perfect base for coastal adventures. Each apartment has its unique character and is named after the surrounding islands and skerries. Ideal for a Norwegian getaway, corporate trips, or group activities, Fanøy Island Lodge offers a memorable stay by the coast.

Florø / Kinn /
+47 481 30 062 / info@fanoyislandlodge.no



Photo: Visit FjordKysten and Sunnfjord.

Saga Island of Kinn

Far out in the ocean gap, you can find the green and grass covered island Kinn, and its church and characteristic mountain site Kinnaklova. The church sits at the base of the steep mountain of Kinn, and the massive Kinnaklova is its nearest neighbor. The famous cleft cliff of Kinn is famous along the coast, as its characteristic shape has always been a guide for sailors along our coast.

Florø / Kinn /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

Tasting at Vesle Kinn

Vesle Kinn is both the beer café and test brewery for Kinn Bryggeri. You will find Vesle Kinn in the heart of Strandgata in Florø. In the summer season, and the rest of the year on request, you can join a guided tour and tasting at Vesle Kinn. Here you can enter the brewery premises, see the equipment you brew with, learn about the brewing process and the history of Kinn Bryggeri.

Florø / Kinn /
+47 900 90 465 / post@veslekinn.no



Photo: Visit FjordKysten and Sunnfjord.

Cultural Walk in Florø

The Cultural Walk in Florø is a wonderful circular tour showcasing artworks, historic boats and buildings, and beautiful nature. The walk takes around two hours and can be enjoyed at your own pace.

Florø / Kinn /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

CHAPTER 4. GO YOUR OWN WAY

Norwegian Deer Centre

The Norwegian Deer Centre is idyllically located at Kvalstad Gard on Svanøya. Here they breed and fallow deer. You can get a guided tour on request.

Svanøybukt / Kinn /
+47 577 52 180 / hjort@hjortesenteret.no



Photo: Visit FjordKysten and Sunnfjord.

MS Atløy

The cheerful ship M/S Atløy is the only pre-war vessel from Fylkesbaatane i Sogn og Fjordane that has been preserved in near-original condition. You can rent the ship for a unique and authentic setting for your celebrations and events. Licensed for serving food and beverages.

Florø / Kinn /
+47 900 51 867 / leiar@atloy.no



Photo: MS Atløy.

Ausevika Rock Carving Site

Visit one of the most extensive rock-carving sites in Norway, with figures dating back more than 3000 years. Here are more than 300 carvings of both animals and humans. There are also fertility and agricultural motifs, known as Veidemannskunst, literally 'huntsman's art'.

Stavang / Kinn /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

Havhesten

If the weather is windy and rainy, you can hop into the swimming pool at Havhesten in Florø. Here you will find activities for big and small, with lots of water fun.

Florø / Kinn /
+47 577 56 720 / leiar@havhesten.no



Photo: Visit FjordKysten and Sunnfjord.

The Coastal Museum in Sogn og Fjordane

The Coastal Museum in Sogn og Fjordane showcases the natural and cultural history of the coast. It provides a glimpse of daily life on the coast, the development of the town of Florø, tools used for fishing and hunting, and a large collection of local boats. The museum is located on a lovely spacious coastal site within walking distance of Florø town center.

Florø / Kinn /
+47 982 69 854 / ksf@misf.no



Photo: Visit FjordKysten and Sunnfjord.

Gallery 34

At Havbumuseet, you can explore fishing history and coastal life through photographs, tools and equipment, books, and model boats.

Florø / Kinn /
+47 951 58 269 / gunhild.bjelland@gmail.com



Photo: Visit FjordKysten and Sunnfjord.

Sørstrand Folkepark

Sørstrand Folkepark is a recreation area two kilometers from the center of Florø. Here you will find a sandy beach, walking trails, a barbecue area with tables and benches and a beach volleyball sand court.

Florø / Kinn /
+47 480 13 161 / sorstrand@gmail.com



Photo: Visit FjordKysten and Sunnfjord.

Stabben Lighthouse

Stabben Lighthouse is uniquely placed in the shipping lanes. The lighthouse completely covers the rocky outcrop on which it was built, and it is an attraction in itself. The lighthouse was built in 1867 and accommodated the lighthouse keeper and family up to 1975.

Florø / Kinn /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

CHAPTER 4. GO YOUR OWN WAY

Restaurant Bolette

Restaurant Bolette takes its name from Bolette Helmers Olsen. Bolette is the woman who, at the end of the 19th century, laid the foundation for the hotel business in Florø. Bolette will be a natural and social meeting place for all occasions. It should be easy to come here for coffee, cocktails, or dinner.

Florø / Kinn /
+47 577 52 555 / bolette@strawberry.no



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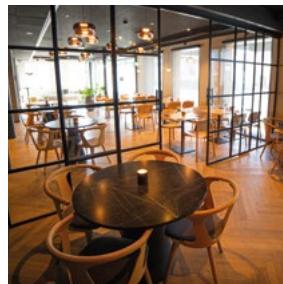


Photo: Visit FjordKysten and Sunnfjord.

Fru Helmers

Fru Helmers is named after Bolette Helmers Olsen and is the perfect venue for special occasions. With a strong focus on food and drink, you can enjoy everything from wine tastings and tapas to fine dining in an intimate setting. Capacity: 20 guests.

Florø / Kinn /
+47 577 52 555 / co.floro@strawberry.no



Green
Travel

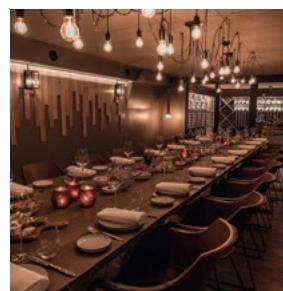


Photo: Visit FjordKysten and Sunnfjord.

Restaurant Bryggekanten

Honest, genuine and passionate. Restaurant Bryggekanten is idyllically located by the sea in Florø, the westernmost town in the country. Here, they are passionately interested in good food and drink, and take no shortcuts in the hunt for culinary treasures!

Florø / Kinn /
+47 577 57 575 / q.floro@strawberry.no



Photo: Quality Hotel Florø.

Hjørnevikbua

In the middle of the center of Florø is Hjørnevikbua Restaurant, in what used to be a herring cage. The building dates from 1870 and the restaurant is literally on the water's edge. Here you will be served the best the sea can offer. We have menus based on local ingredients. Welcome to rich taste experiences in beautiful surroundings.

Florø / Kinn /
+47 577 40 122 / post@tokokker.as

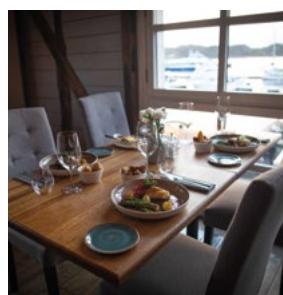


Photo: Visit FjordKysten and Sunnfjord.

Bistro To Kokker

In the heart of the center of Florø you will find Bistro to Kokkers' cafe and fast food. Here they offer good meals, the dish of the day and a varied and tasty menu. Bistro to Kokkers' café started in 1988 as an offer to permanent residents and visitors with a need and desire for a good meal at a reasonable price. Bistro to Kokker can deliver overtime food to companies, as well as offering takeaway.

Florø / Kinn /
+47 577 52 233 / terje@tokokker.as



Photo: Visit FjordKysten and Sunnfjord.

Svanøy Segl Inn

Shop, inn, and guesthouse at Sunnfjord's Pearl! Svanøybukta is a meeting place for boaters, residents and holidaymakers. Here you will find a guest harbor, grocery store, and tavern. During the summer season, the shops and taverns are open until late in the evening every day, with locally produced food served in the afternoon.

Svanøybukta / Kinn /
+47 577 40 029 / post@seglinn.com



Photo: Visit FjordKysten and Sunnfjord.

Convenience Store – Svanøy Handel

Svanøybukta offers ferry connections, a guest harbour, a cosy inn, and a country store, making it a natural meeting point for boaters, locals, and visitors. At Svanøy Handel, you can buy local food, pick up free hiking maps, and rent bicycles to explore the island.

Svanøybukta / Kinn /
+47 577 40 029 / post@seglinn.com



Photo: Visit FjordKysten and Sunnfjord.

Convenience Store – Stavang Landhandel

The local store Stavang landhandel is much more than a shop. A shop that is a modern goods dealer, where you can get hold of fish traps, cake dishes, jumpers, knitting yarn, decorations and hammer arms, etc. in layers with ordinary everyday products.

Stavang / Kinn /
+47 577 48 512 /
narbutikken.stavang@narbutikken.no



Photo: Nærbutikken Stavang Landhandel.

CHAPTER 4. GO YOUR OWN WAY

Kinnaspelet

Every third weekend in June you can see the outdoor theatre at the Island of Kinn. There are 150 actors performing a pageant about love, treason, faith, doubt, hope, hopelessness, rebellion and suppression and Vikings conquering Ireland.

Florø / Kinn /
+47 577 52 530 / kinnaspelet@gmail.com



Photo: Visit FjordKysten and Sunnfjord.

Sildebordet

In June, the world's longest herring table will be organized in Florø! In the center of Florø you will find around 350 meters of table. Several good herring dishes are served here, and everyone can eat their fill. Completely free!

Florø / Kinn /
+47 415 34 964 / Arild.melvaer@gmail.com



Photo: Visit FjordKysten and Sunnfjord.

Havblikk

Two days with 8 killer artists, the world's finest audience, and the world's finest Fanøy! Last weekend in June.

Fanøy / Kinn /
mail@havblikk.net / havblikkfestivalen.no



Photo: South Coast Creative.

Våt Moro

The sea sport festival Våt Moro offers extreme nature, limitless fun and has activities for all ages. Våt Moro will contribute to festival participants being able to try activities in the unique and nature resources around the coastal town of Florø.

Florø / Kinn /
+47 464 10 741 / hei@vatmoro.no



Photo: Fanny Ferhagen Solheim.



Photo: Visit FjordKysten and Sunnfjord.

MÅLØY

The charming coastal town of Måløy offers varied experiences within a small radius.

Måløyraidsenteret – named after the Måløy raid of December 1941 – is a modern visitor centre dedicated to Norway in the Second World War and an exciting destination for all the family.

Beach lovers should make their way to beautiful Refviksanden.

The old trading post of Vågsberget is a gem, and not far away is the famous Kannesteinen rock.

If you're looking for something more active, we recommend both coasteering, cycling and kayaking!

There are four lighthouses on Vågsøy. Kråkenes lighthouse is the most known lighthouse where you will have an exotic experience in both storm and quiet.

CHAPTER 4. GO YOUR OWN WAY



EXPERIENCE EVEN MORE OF MÅLØY

– scan the QR code and start the adventure!

Ulvesund Lighthouse

Ulvesund Lighthouse is run as a heart project. The lighthouse's atmosphere is colorful and warm, and it emphasizes simplicity, warmth, authenticity and creativity.

Måløy / Kinn /
+47 952 40 487 / info@ulvesundfyr.no /



Photo: Visit FjordKysten and Sunnfjord.

Motorhome Parking in Måløy

The motorhome parking in the centre of Måløy offers excellent facilities, including a sanitary building with showers, a washing machine, and a tumble dryer. Water and electricity are also available. While you grill dinner by the quay, the children can enjoy themselves at the playground nearby.

Måløy / Kinn /
+47 948 16 904



Photo: Visit FjordKysten and Sunnfjord.

The Måløy Raid Center

Only one Norwegian soldier fell during the Måløy Raid – Captain Martin Linge, leader of Norwegian Independent Company No. 1, later known as Kompani Linge. Martin Linge was an actor, socially engaged, and passionate about travel. His presence and determination in the early days of the war led him to London, where he became a vital link between the Allies and Norwegians eager to contribute to the war effort.

Måløy / Kinn / +47 948 16 904 /
post@maloyraidsenteret.no



Photo: Øystein Torheim.

Vågsberget Old Trading Place and Guesthouse

Vågsberget is an old trading town and was until the end of the 19th century the most important place, because it was very conveniently located by the rich fishing grounds around Vågsvåg and Torskangerpollen. The trading town has existed since the 17th century.

Måløy / Kinn /
+47 982 69 854 / ksf@misf.no /



Photo: Visit FjordKysten and Sunnfjord.

CHAPTER 4. GO YOUR OWN WAY

Sjøbris Adventure

Sjøbris Adventure offers coasteering, kayaking, and yoga activities in Måløy and the surrounding area. Through play, movement, and challenges at sea and on land, they create adventurous and powerful experiences. With a focus on holistic health welfare, water safety, and sustainability, Sjøbris contributes to good feelings, development of human potential, and care for nature.

Måløy / Kinn /
+47 952 44 993 / post@sjobrisadventure.no



Photo: Visit FjordKysten and Sunnfjord.

Flyt Sauna Vågsvåg

Restore your balance and unwind in Flyt Sauna, beautifully situated by the coast. Enjoy a moment of pure relaxation in stunning surroundings.



Photo: Sjøbris Adventure.

Måløy / Kinn /
+47 952 44 993 / post@sjobrisadventure.no

Måløy Adventure

Måløy Adventure is a regional booking and event company, owned and operated by 33 local businesses. Together, they work towards a shared goal: offering you the best travel experiences to explore the Måløy region. Måløy Adventure is a Travelife Partner.



Photo: Visit FjordKysten and Sunnfjord.

Måløy / Kinn /
+47 469 02 095 / contact@maloyadventure.no

Bike Rental with Måløy Adventure

Explore Vågsøy by e-bike and enjoy scenic routes at your own pace. Book online and receive a free cycling guide with great tour suggestions!



Photo: Visit FjordKysten and Sunnfjord.

Måløy / Kinn /
+47 469 02 095 / contact@maloytours.no

Beach Refvik

With its beautiful silver sand, this 1,5 km long beach is one of Norway's finest swimming beaches. Refvik is approximately 10 km from the city of Måløy.

Refviksanden / Kinn /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

Kannesteinen

Kannesteinen is a special stone shaped by waves and ice and is about 3 meters high. You will find the stone in the small village called Oppedal, about 10 km from the city of Måløy.

Måløy / Kinn /
+47 577 43 000 / mail@fjordkysten.no

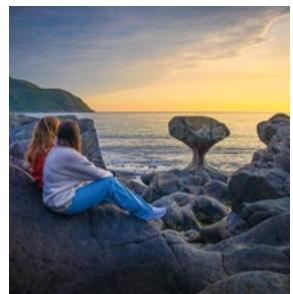


Photo: Visit FjordKysten and Sunnfjord.

Kråkenes Lighthouse

Kråkenes lighthouse is located on a plateau 45 masl and surrounded by the sea. When the storm is raging at its worst, waves and sea spray knock on the window to let you know that it is best to stay indoors. This is perhaps one of the places in Norway that is most visited along our coast.

Måløy / Kinn /
+47 577 43 000 / mail@fjordkysten.no

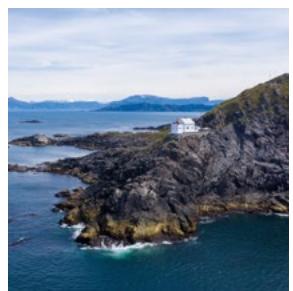


Photo: Visit FjordKysten and Sunnfjord.

Skongenes Lighthouse

Take a trip to Skongenes lighthouse. The lighthouse is an hour's walk over the mountain from Halsør, a nice trip that is suitable for everyone. On good weather days, boats can be moored up to the jetty so that visitors can disembark. If there is a clear sea, you can also walk along the sea back to the start.

Måløy / Kinn /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

CHAPTER 4. GO YOUR OWN WAY

Hendanes Lighthouse

Hendanes lighthouse lies 50 meters above sea level and is one of four lighthouses on Vågsøy. The lighthouse was built in 1914 and automated already in 1963. The view offers magical sunsets and storms, well worth a visit!

Måløy / Kinn /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

Måløy Disc Golf Park

The track is located on Moldøen, which is centrally accessible in Måløy, in Kinn Municipality. It consists of 24 holes located all over the island and forms an exciting course with many fun challenges for all ages.

Moldøen / Kinn /
post@maloydiscgolf.no



Photo: Visit FjordKysten and Sunnfjord.

The Norwegian Elvis Festival in Måløy

Måløy center opens with a festival atmosphere during this year's Elvis's festival. The center will be filled with Norwegian and American flags, you can see Elvis effects, experience Elvis films in the cinema, and hear beautiful Elvis Gospel in the church. In the evening, the festival tent "Graceland" will open for good music.

Måløy / Kinn /
post@elvisfestival.no



Photo: Visit FjordKysten and Sunnfjord.

NORWAY'S FIRST AND MOST DIGITIZED DESTINATION PRESENTATION



Experience the Fjord Coast and Sunnfjord in a new way!

With our digital destination presentation, you can explore the region virtually before you travel – and be inspired by magnificent nature, authentic experiences and unique gems along the coast.



THE FØRDE REGION

With the Jølstra River winding its way through the landscape towards Førdefjorden, the town of Førde has taken shape. As the commercial hub of the region, Førde offers a diverse selection of restaurants and cafés to suit every taste.

The town also boasts a vibrant arts and cultural scene, and each July, it hosts the Førde International Folk Music Festival.

A visit to Sunnfjord Museum takes you on an atmospheric journey back in time. Just nearby, the 92-metre free-falling Huldefossen cascades down like a natural stage curtain.

From Førde, you can explore Gularfjellet, a National Scenic Route spanning 114 km. From Gularfjellet down to Viksdalen, follow Fossestien, a well-maintained hiking trail that leads past 14 impressive waterfalls and 7 picturesque lakes, including the well-known Likholefossen. Make a detour to the charming Hestad Chapel, which offers guided tours in summer.

The village of Bygstad is known for its historic buildings, which tell the story of the area's rich heritage. Take a stroll along the fjord, breathe in the fresh sea air, or hike the nearby trails leading to breathtaking viewpoints, including the majestic Storehesten. Sleep under the towering mountain in your very own Birdbox.

In Naustdal, you'll find excellent fishing spots, including the salmon-rich Nausta River, one of Norway's most scenic waterways. The area is perfect for hiking, offering a variety of well-marked trails. In summer, enjoy sunny days at the popular Sanden beach.

Over Slettehaug by Førdefjorden, the largest air battle in Norway took place three months before liberation in 1945. Here, you'll find Luftkampmuseet, a museum dedicated to the battle, located next to Håjen Kafé, where you can enjoy delicious local food and a cozy farm shop.



Photo: Ingeborg SolFure.

Flatheim

Flatheim is a small farm hotel in Viksdalen in the middle of the National Tourist Route above Gularfjellet. Here you can find peace and get close to nature. You can spend the night in historic log houses with soul and charm. The proximity to the protected Gularvassdraget, which flows nearby, provides opportunities for both swimming, fishing, and walking along the lake, waterfalls, and clear, running water.

Gularfjellet / Sunnfjord /
+47 461 99 597 / post@gularfjellet.no



Green
Travel



Photo: Visit FjordKysten and Sunnfjord.

ACCOMMODATION FØRDE

Birdbox Langeland

Enjoy a relaxing and comfortable overnight stay in Birdbox on Langeland. Sleep right next to nature and the wonderful surroundings. Lie down and look at the spectacular mountains around you. Put on your skis and have a wonderful journey around the nearby trails. Go down to Langelandsvatnet in the summer and enjoy swimming in the energizing water. Your imagination is the only limit to what you can experience.

Langeland / Sunnfjord /
+47 974 60 841



Photo: Visit FjordKysten and Sunnfjord.

CHAPTER 4. GO YOUR OWN WAY

Birdbox Storehesten

Sleep peacefully beneath the majestic Storehesten in a spectacular Birdbox. Nestled right at the foot of the mountain massif, this secluded retreat offers a perfect escape from other hikers. Inside the modern cabin, you'll find a large, soft bed with an inviting array of pillows, creating a warm and cosy atmosphere – perfect for unwinding after a day of adventure.

Bygstad / Sunnfjord /
+47 481 25 202 / birdbox@storehesten.no



Photo: Visit FjordKysten and Sunnfjord.

Førde Guesthouse and Camping

From the campsite, it is a short distance to the mountains, sea, wilderness and beautiful landscape. The central location in the middle of the county makes Førde Guest House and Camping an ideal stop if you are passing through or have planned a longer stop in the region. The campsite is in quiet natural surroundings, right by the river Jølstra.

Førde / Sunnfjord /
+47 468 06 000 / post@fordecamping.no



Photo: Visit FjordKysten and Sunnfjord.

Sanden in Naustdal

Sanden lies in Naustdal, right in the center of Førdefjorden, and is a popular beach. Here you will find a volleyball court. SUP and kayaks are available for hire during the summer.

Naustdal / Sunnfjord /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

Luftkampmuseum

The museum is a memory of a dramatic day at the end of the war in Norway. A major allied air force attacked a German fleet in Førdefjord, but was ambushed by the German fighters. The Allies lost ten aircrafts, the Germans lost five aircrafts and a total of 24 lives were lost.

Naustdal / Sunnfjord /
+47 578 18 260 / hslettehaug@gmail.com



Photo: Luftkampmuseet.

Norwegian Scenic Route Gularfjellet

Gularfjellet is a well-preserved secret for most people. The road follows Gularvassdraget, a protected watercourse offering everything from wild rapids and waterfalls to calm stretches where the water glides quietly along. A walk over the exciting bridge at Likholefossen waterfall gives you a sense of being in the midst of the swirling cascades.

Gularfjellet / Sunnfjord /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

Utsikten, Gularfjellet

From Utsikten on Gularfjellet, you are rewarded with a breathtaking panorama of a lush and dramatic landscape, where National Road 13 winds its way up the mountainside. Perched on the edge of the mountain at 700 metres above sea level, the viewing platform offers an unobstructed view of towering 1,500-metre peaks and deep valleys, making it one of Norway's most spectacular scenic stops.

Gularfjellet / Sunnfjord /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

Fossestien – The Waterfall Path

Hike along Fossestien, a scenic trail that winds through lush forests and past magnificent waterfalls. Experience the soothing sound of flowing water and take in the diverse natural landscapes along this beautiful route.

Gularfjellet / Sunnfjord /
+47 577 43 000 / mail@fjordkysten.no



Photo: Visit FjordKysten and Sunnfjord.

Hestad Chapel

Hestad Chapel, situated on the spit of land that separates Viksdalsvatnet and Hestadfjorden, was built in 1805. If you travel along Norwegian Scenic Route Gularfjellet this is a must-see kind of place. How about a swim in the idyllic Hestadfjorden?

Viksdalen / Sunnfjord /
+47 905 90 996 / hestad@fortidsminneforeningen.no



Photo: Visit FjordKysten and Sunnfjord.

CHAPTER 4. GO YOUR OWN WAY

Sunnfjord Museum

At Sunnfjord Museum, you can learn more about the cultural heritage and daily life of the inner Sunnfjord villages. Sunnfjord Museum is situated by Movatnet, along the E39 just east of Førde town center.

Førde / Sunnfjord /
+47 577 21 220 / sum@mif.no



Photo: Visit FjordKysten and Sunnfjord.

Huldefossen

Visit the beautiful Huldefossen, one of the most photographed waterfalls in Fjord Norway, located just 10 kilometres from Førde. Cascading down like a natural stage curtain, this waterfall is a stunning spectacle set in a beautiful natural landscape.

Førde / Sunnfjord /
+47 577 43 000 / mail@fjordkysten.no /

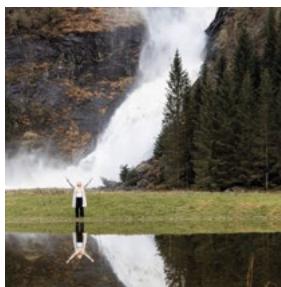


Photo: Visit FjordKysten and Sunnfjord.

Sogn og Fjordane Art Museum

Art adds words, form, color and sound to the human experience. In the artistic grand hall, you will find three floors full of expressions of lived life for you to experience, interpret and ponder over.

Førde / Sunnfjord /
+47 974 21 565 / sfkm@mif.no



Photo: Henning A. Hellebust.

Viebøen Frisbeegolf

Viebøen Frisbeegolf is a 7-hole disc golf course located in the sports park at Viebøen. The track is open all year round.

Viebøen / Sunnfjord



Photo: Vanja Birkeliid.

Håjen Café

With a beautiful view of the Førdefjord, you will find a café, bakery, and farm food shop. Here you will be served food based on local traditions, made from scratch with local ingredients. In addition to lunch and dinner, you can enjoy homemade ice cream, buns, or traditional baked goods such as lefser, soda cakes, and potato cakes. In the shop, you will find local food products from other small producers.

Naustdal / Sunnfjord /
+47 578 18 260 / hslettehaug@gmail.com



Photo: Visit FjordKysten and Sunnfjord.

Flatheim

Flatheim welcomes group bookings for lunch, dinner, celebrations, and meetings year-round. You'll also find a small farm shop offering coffee, refreshments, home decor, sheepskins, books, and more.



Photo: Visit FjordKysten and Sunnfjord.

Gaularfjellet/ Sunnfjord /
+ 47 461 99 597 / post@gaularfjellet.no



Café Sobra

Café Sobra is a cozy café at the Sogn og Fjordane art museum. Here you get simple lunch dishes such as soups, salads, pies, sandwiches, and wraps. For the coffee, you can have cakes, desserts and waffles. If the weather is nice, you can enjoy your meal at on their roof terrace with a view of Sunnfjord.



Photo: Thomas Bickhardt.

Førde / Sunnfjord /
+47 48 24 90 71 / sobra@misf.no

Førdefestivalen

The Førde Traditional and World Music Festival is the largest festival for trad and world music in Scandinavia, presenting about 80 acts from 30 venues and 250 artists from all over the world for 25-30 000 visitors each year. The festival is regarded as one of the most important in Norway, and receive grants from the National Arts Council, the region and the municipality.



Photo: Førdefestivalen/L.Boussauw.

Førde / Sunnfjord /
+47 469 05 010 / info@fordefestival.no



CHAPTER 4. GO YOUR OWN WAY



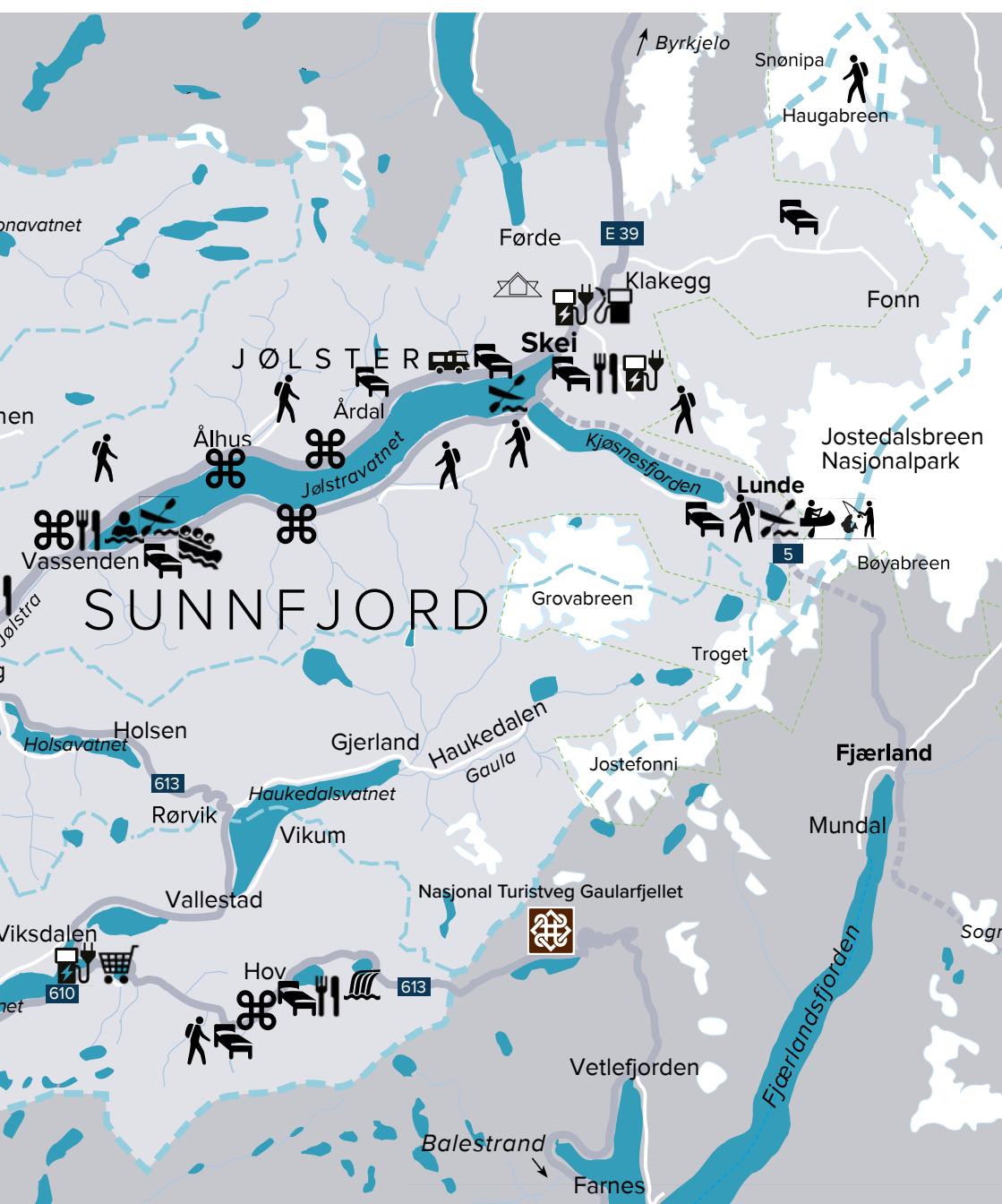




Photo: Visit Fjordkysten and Sunnfjord.

JØLSTER

With its central location and stunning geography, Jølster serves as a natural gateway between Sunnfjord, Sogn, and Nordfjord. At its heart lies the 30-kilometre-long Jølstravatnet, renowned as one of Europe's best trout fishing lakes. Here, you can try your luck at catching the famous Jølstra trout. Surrounded by scenic hiking trails and towering peaks, Jølster is an ideal destination for outdoor adventures for the whole family.

Jølster also has a rich glacier guiding tradition, and a guided glacier hike on Haugabreen in Stardalen is a fantastic way to experience the area's breathtaking nature.

The renowned artist Nikolai Astrup was born in Jølster and drew much of his inspiration from his home village. A visit to Astrupnet offers a unique insight into his art and the stories behind his beautiful landscapes.

Jølster's food culture is deeply rooted in local traditions, and if you find Jølstra trout on the menu, it's an absolute must-try. The area is also home to Vingarden på Jølst, inspired by West Norwegian fruit wine and cider traditions. Here, you can enjoy a wine tasting and visit the farm shop to explore their unique selection.

Jølstraholmen

Jølstraholmen has been a family-owned business through 3 generations, ever since 1962. Today they have over 100 beds in 23 different cabins, lodges, and suites along the river Jølstra. On the square, you will find a riverside sauna, natural pool, water slide, large playground, zipline, interactive play equipment, barbecue area, a large grocery store, petrol station, café, and charging station for electric cars.

Jølster / Sunnfjord / +47 952 97 879 / booking@jolstraholmen.no



Green
Travel



Photo: Visit FjordKysten and Sunnfjord.

Jølsterlia

In a peaceful and family-friendly setting, you'll find the cabins at Jølsterlia. Wake up to birdsongs in spring and summer, or step straight into your skiing adventure from the cabin door in winter.

Jølster / Sunnfjord / +47 970 99 454 / finn@jolsterlia.no

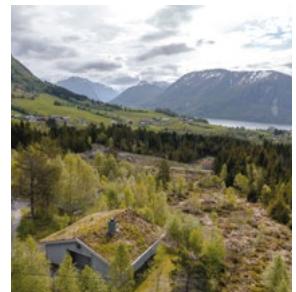


Photo: Visit FjordKysten and Sunnfjord.

Høyseth Camping

Høyseth camping is located deep in Stardalen at the entry gate to Jostedalsbreen National Park. Here, in the heart of beautiful Vestland nature, you will find eight simple and charming cabins with 2 – 6 beds. Motorhomes and tents are of course also welcome. The campsite is a fantastic starting point for foot and ski trips to Haugabreen and Snønipa, among others.

Stardalen / Sunnfjord / +47 467 85 990 / hoysthcamping@outlook.com



Photo: Høyseth Camping.

Stardalen Hyttegrend – Cabin Village

Stardalen Hyttegrend has 10 large cabins surrounded by beautiful and wild western nature. The cabins have a fully equipped kitchen with a dishwasher, fireplace, and TV in the living room, washing machine, free Wi-Fi, and good parking. Stardalen, the village under the glacier, has many nature experiences to offer. Here you can go on varied mountain hikes on all sides, but the trip to Haugabreen glacier is the most popular mountain hike.

Stardalen / Sunnfjord / +47 476 40 893 / kontakt@stardalenhyttegrend.com



Photo: Visit FjordKysten and Sunnfjord.

CHAPTER 4. GO YOUR OWN WAY

Lunde Tourist Station

Lunde Tourist Station is a traditional accommodation site, located in the Kjøsnes Fjord. Cabins, rooms and apartments available for hire. Charging point for electric cars. Here are great hiking opportunities, glacier walking, fishing, bbq area, jacuzzi, boat, kayak, canoe and SUP board available for hire.

Lunde / Sunnfjord /
+47 415 53 335 / lunde@turiststasjon.no



Photo: Visit FjordKysten and Sunnfjord.

Kjøsnes Holiday Cabins

Kjøsnes Holiday Cabins is located by the Jølstravatnet. Nearby you'll find a swimming beach, and good fishing spots. Boat, kayak and SUP-boards for hire. Great hiking opportunities in the area. The cabins face the sun.

Jølster / Sunnfjord /
+47 577 28 529 / nils-einar@kjøsnes.no



Photo: Nils Einar Kjøsnes.

Jølster Panorama

Welcome to Jølster Panorama – camping pleasure at the water's edge! Campsite for motorhomes, caravans, tents and cabins. Located right next to the water with electricity in all places. The site has 2 service buildings with a kitchen, washing machine, tumble dryer, shower, and toilet. There are fishing opportunities from the campsite and the possibility of renting a boat.

Skei / Sunnfjord /
+47 577 28 234 / malene@skeiservicenter.no



Photo: Visit FjordKysten and Sunnfjord.

Jølvassbu

Jølvassbu Camping can be found by the river Jølstra. In scenic surroundings, there is walking distance to fishing spots, marked hiking trails, bathing beach, shop and restaurant. 5 minutes by car to the golf course and ski center. An ideal starting point for fishing in one of Europe's best trout waterways, and the host are happy to share knowledge.

Jølster / Sunnfjord /
+47 920 62 203 / post@jolvassbu.no



Photo: Visit FjordKysten and Sunnfjord.

Skei Servicesenter

Skei Servicesenter offers four high-standard cabins, conveniently located by the Circle K station in Skei, Jølster. From the cabins, you'll have walking distance to everything you need.

Jølster / Sunnfjord /
+47 577 28 234 / malene@skeiservicesenter.no



Photo: Skei Servicesenter.

Astruptunet

Astruptunet is situated in idyllic surroundings on the south side of Jølstravatnet. Here you will find the home of painter, illustrator, and graphic artist Nikolai Astrup (1880 – 1928), who is one of Norway's most famous national artists.

Jølster / Sunnfjord /
+47 474 76 581 / solber@misf.no



Photo: Visit FjordKysten and Sunnfjord.

The Eikaas Gallery

In this modern gallery by Jølstravatnet and the E39, you can find works by innovative artist Ludvig Eikaas and others. Enjoy our warm waffles both outdoors and in, with swimming and fishing locations close by.

Jølster / Sunnfjord /
+47 474 72 236 / sfkm@misf.no



Photo: Visit FjordKysten and Sunnfjord.

Kayaking with Kvåleskajakk

Are you and your family wondering what to do during the holidays? Come to Skei in Sunnfjord and take an introductory or basic course to be able to paddle along idyllic scenery. Guided tour to the Kjøsnesfjord with its wild nature and glaciers.

Jølster / Sunnfjord /
+47 992 35 646 / ingvald.kvaale@enivest.net



Photo: Visit FjordKysten and Sunnfjord.

CHAPTER 4. GO YOUR OWN WAY

Jølster Skisenter

Jølster Skisenter offers 4 km of alpine slopes, catering to everyone from complete beginners to experienced skiers. Beautifully located in Astrup's landscape, the ski center boasts stunning views of Jølstravatnet and the surrounding mountains.

Jølster / Sunnfjord /
+47 994 18 080 / post@jolsterskisenter.no



Photo: Visit FjordKysten and Sunnfjord.

Bre and Fjell

Bre and Fjell specializes in mountain sports courses and guided tours in Jølster and Sunnfjord. Join an exciting glacier hike on Haugabreen, go rock climbing in Nikolai Astrup's landscape, experience a ski touring adventure in Jølster, or take part in a topptur weekend, gaining spectacular elevation in breathtaking surroundings.

Jølster / Sunnfjord /
+47 576 78 855 / post@breogfjell.no



Photo: Visit FjordKysten and Sunnfjord.

Skei Servicenter

Skei Servicenter is a natural stop along the way if you either just want a small snack or to sit down and have a good dinner. They also have a cabin for rent, meeting room, 24-hour rest area, bus station, charging station and fuel facility.

Jølster/ Sunnfjord /
+47 577 28 234 / malene@skeiservicenter.no



Photo: Visit FjordKysten and Sunnfjord.

The Vineyard at Jølster

The vineyard at Jølster is a fruit vineyard under construction along the Jølstravatnet, with a view of Astrup's kingdom. Here you can taste and buy beverages made from Western raw materials. During the summer season, tastings and guided tours are available at fixed times, with fixed opening times in the showroom. Apart from this, and for the rest of the year, it is open for group bookings.

Jølster / Sunnfjord /
+47 472 88 004 / post@vestavin.no



Photo: Visit FjordKysten and Sunnfjord.

Jølster Aurefest

Jølster Aurefest is an annual fishing competition in Jølster over three days and has been organized since 2014.

Jølster / Sunnfjord /
+47 918 02 828 / svein@hend.no



Photo: Jølster Aurefest.

**FØRDE****JØLSTER****NORWEGIAN TOURIST
ROUTE GAULARFJELLET****NAUSTDAL****BYGSTAD**

EXPLORE MORE DESTINATIONS



Photo: Visit Fjordkysten and Sunnfjord.

Skjerjehamn

Enjoy a better dinner with a focus on local and short-traveled food. Here you can find home-smoked trout or veal from the local farm. The food goes well with locally brewed beer or other good drinks. The restaurant can cater for 110 people, and the Steenkjellaren can cater for 35 people.

Skjerjehamn / Gulen /
+47 954 22 033 / post@skjerjehamn.no



Photo: Visit FjordKysten and Sunnfjord.

Eikeneset Holiday Cabins

Ikjefjorden lies in the middle between Bjordal, Brekke, Matre and Lavik and is off the beaten track. Here, the locals focus on the cultural landscape. The Ikjefjord is an idyllic area with good fishing opportunities in sea and freshwater. Here you will find great mountain hikes for the fit, and hiking in the village for exercise enthusiasts. A good starting point for day trips along the coast.

Ikjefjord / Gulen /
myrebonden@gmail.com



Photo: Eikeneset Feriehytte.

Sognefjord Holiday

Sognefjord Holiday is a holiday complex with high-standard cabins and apartments located on the seafront with a panoramic view of the Sognefjord. Here there are boats for hire and good marinas and your own space for gutting fish. Good opportunities for mountain hikes and exploring the local area.

Brekke / Gulen /
+47 481 74 451 / info@hjartholm.no

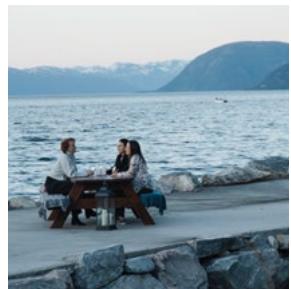


Photo: Visit FjordKysten and Sunnfjord.

Bremanger Fjordhotel

On the first floor you will find an à la carte restaurant that serves tasty Norwegian food. In summer, you can enjoy your meal on the terrace with a view of the fjord. There is also a play corner for the little ones if you want to enjoy a cup of coffee nearby. In the bar you can relax with something good to drink.

Svelgen / Bremanger /
+47 577 96 520 / post@bremangerfjordhotell.no



Photo: Visit FjordKysten and Sunnfjord.

CHAPTER 5. EXPLORE MORE DESTINATIONS

EXCURSIONS

Kjelstad Holiday Cabins Kalvåg

Dreaming of renting a cottage by the sea? Then you will enjoy Kjelstad holiday cottages! Here you can enjoy the beautiful sea view, hear the waves lapping at the edge of the sea and try your luck at fishing. Kjelstad holiday cottages have three large rental cabins, so there is plenty of room for the whole family! The cabins are beautifully located in Kalvåg, and have their own shoreline, barbecue cabin and boat for rent.

Kalvåg / Bremanger /
+47 992 26 827 / roal-kje@online.no



Photo: Kjelstad Feriehytter.

The Gulating

Enjoy a visit to the Gulating – Western Norway's parliament and court for 400 years. The Gulating Millennium Site at Flolid is decorated with Bård Breivik's monumental artworks commemorating the thing's importance to Norway as a nation. The Park is open to the public all year round.



Photo: Visit FjordKysten and Sunnfjord.

Eivindvik / Gulen /
+47 577 82 006 / gulatinget@gulen.kommune.no

Norway Adventures

Norway Adventures has over 19 years of experience with guided activities, both summer and winter, and they specialize in multi-day tours. Kayak trips, hiking, cycling, Via Ferrata, multi-sport, family activities, ski and snowshoe trips, team building and courses.

Davik / Bremanger /
+47 576 24 170 /
info@norway-adventures.com



Photo: Thomas Bickhardt.

Gulen Dive Resort

Gulen Dive Resort is centrally located in Gulen municipality, a short travel distance from Bergen or Florø. Gulen Dive Resort is one of Europe's best diving resorts and offers everything within diving and water sports. Here you will find some of the most spectacular dive sites in Norway.

Dalsøyra / Gulen /
+47 577 84 020 orjan@gulendiveresort.com



Photo: Christian Skauge.

Bremanger Fjordhotell

On the first floor you will find an à la carte restaurant that serves tasty Norwegian food. In summer, you can enjoy your meal on the terrace with a view of the fjord. There is also a play corner for the little ones if you want to enjoy a cup of coffee nearby. In the bar you can relax with something good to drink.

Svelgen / Bremanger /
+47 577 96 520 / post@bremangerfjordhotell.no /



Photo: Visit FjordKysten and Sunnfjord.

Skjerjehamn

Enjoy a better dinner with a focus on local and short-traveled food. Here you can find home-smoked trout or veal from the local farm. The food goes well with locally brewed beer or other good drinks. The restaurant can cater for 110 people, and the Steenkjellaren can cater for 35 people.

Skjerjehamn / Gulen /
+47 954 22 033 / post@skjerjehamn.no

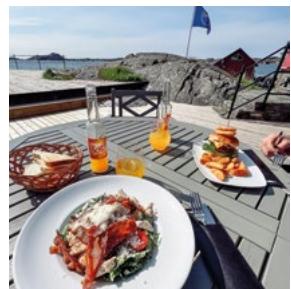


Photo: Visit FjordKysten and Sunnfjord.

The Convenience Store Spar, Bremanger

At SPAR Bremanger you will always find good offers and a wide selection of freshly baked bread, fruit and vegetables, and at the fresh produce counter we are happy to share good tips and recipes on what you can make for dinner. Service is important to SPAR Bremanger, and they are looking forward to welcoming you as a customer!

Grotlevegen 133 / Bremanger /
+47 577 91 308 / spar.bremanger@ngbutikk.net



Photo: Odd Håvardstun.

Utkantfestivalen

UTKANT – the majesty of festivals – takes place on the last weekend in July at idyllic Skjerjehamn in Gulen municipality. Join the festival – it's absolutely king!

Skjerjehamn / Gulen /
+47 577 43 000



Photo: Lillian Herland.

CHAPTER 6. PRACTICAL INFORMATION



Photo: Visit Fjordkysten and Sunnfjord.

TOURIST INFORMATION

Visit The Fjord Coast & Sunnfjord is situated at the tourist information in Florø. We are happy to advise you on wonderful things to do on the Fjord Coast and in Sunnfjord. Are you wondering about the best way to get from A to B or are you looking for accommodation? You can visit us on the ground floor in the town hall in Florø, or contact us by phone or email.

TOURIST INFORMATION OFFICE FLORØ:

Telephone: +47 577 43 000 • E-mail: mail@fjordkysten.no
Strandgata 30, 6905 Florø

SUMMER OPEN TOURIST INFORMATION OFFICES/VISITOR POINT:

You'll find seasonal tourist information points across the region.
Here is an overview of opening hours and contact details.



EMERGENCY NUMBERS

Fire Department 110

Ambulance 113

Police 112

Emergency Medical Service 116 117

CHAPTER 6. PRACTICAL INFORMATION



Photo: Visit Fjordkysten and Sunnfjord.

TRAVEL BETTER

Visit The Fjord Coast & Sunnfjord has a holistic approach to good experiences. By taking into account the tourism industry's impact on the surroundings and the management of resources, we ensure that all value creation in tourism is grounded in principles for preserving nature, culture and the environment, and strengthening social values and economic viability.

As part of the development of tourism in the region, we aim to qualify for the 'Sustainable Destination Label'. The label does not imply that a destination is sustainable, but that the destination is committed to working systematically towards more responsible and sustainable development.

GREEN TRANSITION

The tourism activities in The Fjord Coast & Sunnfjord are focused on safeguarding the unique and uncontaminated natural resources and creating experiences linked to local culture and nearby assets. To ensure a structured and long-term development, more enterprises are choosing to seek environmental certification. Products and services with official environmental certification are marked in the travel guide with the 'Green Travel' symbol, a national symbol that shows that the enterprise complies

with strict rules for, among other things, production and waste management, energy use and transportation.

BE A MORE CONSCIOUS TOURIST

As a guest, you are an important contributor in our work on sustainable destination development. By making small and good choices, you can make your journey as gentle on the environment as possible:

- Choose products and services with environmental certification
- Shop locally
- Take care of culture and the environment
- Travel responsibly in nature



CHAPTER 6. PRACTICAL INFORMATION



Photo: VisitFjordkysten and Sunnfjord.

GETTING TO AND AROUND THE FJORD COAST AND SUNNFJORD

It's easy to travel to the region by express boat from Bergen, express bus from Norway's major cities, Hurtigruten, flights to Florø or Førde, or by car. Visit entur.no for public transport schedules.

EXPRESS BOAT, LOCAL BOAT AND FERRY ROUTES

Travelling by express boat along the coast is a comfortable and scenic way to explore the stunning fjord and coastal landscapes. Local boats and ferries connect the Fjord Coast and Sunnfjord to towns, villages, and both large and small islands. Tickets can easily be purchased on board. For schedules, visit entur.no or send an e-mail to mail@fjordkysten.no.

CHARTER TOURS IN THE AREA FOR GROUPS

Vidar Hop Skyssbåter AS, Sulejet AS, and GulenSkyss AS offer charter tours in The Fjord Coast and Sunnfjord.

BY CAR

The Fjord Coast and Sunnfjord are a paradise for road trips. Discover hundreds

of marked hiking trails, charming villages, scenic small communities, cosy towns, islands, and fascinating historical sites.

EXPRESS BUS / FJORDEKSPRESS WITH NOR-WAY

Travelling by NOR-WAY express bus is a comfortable and convenient experience. From Bergen, there are daily departures to Førde, and Vy operates a bus from Ålesund to Førde.

HURTIGRUTEN AND HAVILA KYSTRUTA

Hurtigruten and Havila Kystruta stop twice daily in Florø and Måløy – the first northbound and last southbound stops after Bergen. These scenic coastal voyages offer a unique way to experience the region's beauty from the sea.

**FIND INSPIRATION AND IDEAS
FOR YOUR DREAM HOLIDAY**



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2026: June 20 and 21

